

Mountaineer

Vol. 59, No. 13

Published in the interest of the 7th Infantry Division and the Fort Carson, Colo., community

March 30, 2001



Fact of the week:

Natural gas prices for March 2001 are 104% higher than they were for March 2000.

Tip of the week:

Temperature settings during duty hours in maintenance bays, shops and hangars should be no higher than 55 degrees. Keep bay doors closed until a vehicle is ready to enter. Immediately close doors after the vehicle has entered. Reheating the large quantities of air in a bay area is a significant waste of money and energy.

INSIDE

Feature



10th Special Forces soldiers charge into cold weather training on the Western slope of Colorado.

See Page 12.

Happenings



The Children's Museum in the Citadel Mall is a good place to visit anytime — but especially on an inclement day.

See Page B-1.

Daylight Savings Time
begins Sunday
Set clocks forward one hour

Post Weather hotline:
526-0096

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Photo by Spc. Stacy Harris

Force Protection

Private 1st Class William Newhouse, 2nd Platoon, 984th Military Police Company, checks a trucker's drivers license at Gate 4 during the Force Protection exercise Tuesday. During the exercise, military police checked for post registration decals on vehicles entering the installation and also randomly checked motorists for their military or government IDs or driver's licenses. Also during the event, members of the Special Reaction Team practiced their skills during a mock hostage situation held near the Corley House. The installation-wide exercise, which began March 23 and ended Tuesday afternoon, is designed to practice and test the post's threat/incident plan and its ability to execute a coordinated response.

Fort Carson soldiers receive military discharge

by Spc. Stacy Harris
Mountaineer staff

Two Fort Carson soldiers received discharges during court martial actions Friday.

A soldier from A Company, 4th Engineer Battalion, 3rd Brigade Combat Team, 4th Infantry Division was sentenced to a dishonorable discharge.

Private Thomas Lawhorn

was the third soldier of seven to be charged in the Dec. 14 robbery of a McDonald's restaurant in Fountain. He pleaded guilty March 22 to robbery, conspiracy to commit robbery and two specifications of breaking restriction.

Under the pretrial agreement, Lawhorn would receive no more than 10 years of confinement. He was also given credit

for the 93 days he spent in pre-trial confinement.

Lawhorn was sentenced to 10 years of confinement, forfeiture of all pay and allowances and a dishonorable discharge by a military panel March 23.

Two other soldiers from the McDonald's robbery were previously found guilty and were charged in February.

Both soldiers, of A Company, 4th Eng. Bn., 3rd BCT, 4th ID, received forfeiture of pay and allowances and a punitive discharge. Pfc. Nikia Shanks, also pleaded guilty to conspiracy, larceny, and robbery. He was sentenced to 13 years of confinement, with three years

See Court Martial, Page 4

4th PSB loses personnel, plans for more efficient future

by Spc. Stacy Harris
Mountaineer staff

Fort Carson's personnel service will be transforming to a smaller, yet more efficient structure.

Members of 4th Personnel Services Battalion plan to cut out redundancies that bog down paperwork, allowing for their jobs to be done more efficiently, according to Maj. Pat Kerbuski, battalion executive officer. The Internet will become an effective tool to help with the transition.

Fort Carson, Fort Drum, N.Y., Fort Polk, La., and Fort Riley, Kan., are the four installations targeted for the personnel transformation. Fort Carson will be the only installation losing one of its personnel service detachments, he said.

"We weren't sure what was going to hap-

pen or what wasn't going to happen or how fast it was going to happen," he said. The final decision was that the 4th PSB would be losing battalion headquarters and one personnel detachment by September 2002.

"This will reduce our manpower by 51 soldiers," Kerbuski said.

Right now, there are a total of three personnel service detachments on post. These detachments are responsible for updating next of kin notification data, promotion packets, the Service Members' Group Life Insurance, along with other information that keeps Fort Carson soldiers' career packets accurate and up to date. But with the loss of manpower, in order to combat the effects, the 4th PSB must find a new way to service the soldiers' needs.

"Who suffers?" he said. "The soldier

suffers if we don't find a way to do this more efficiently."

Even so, the 4th PSB has already come up with a plan to help eliminate some of the stressors.

"What we've chosen to do is reduce personnel now while we still have all our folks," Kerbuski said. "Based on the fact we are going to draw down, we've already looked to reducing our equipment."

By reassigning its equipment elsewhere, the battalion is allowing other units that need the equipment to increase readiness. This also allows for the personnel members to focus on their technical mission — taking care of the soldiers.

Kerbuski stated that even though keep-

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Commander's Corner

Mountain Post salutes volunteers in April



Soriano

“Without our volunteers, many of our installation services would be seriously curtailed or in some cases, cease to exist.”

April is Volunteer Recognition Month and Fort Carson will salute more than 2,000 volunteers for their efforts and commitment of service to our community. During this month and up until the recognition picnic on June 2, we will be recognizing each of these volunteers by name in the *Mountaineer*.

Without our volunteers, many of our installation services would be seriously curtailed or in some cases, cease to exist. The Thrift Shop, many aspects of Army Community Service and the American Red Cross depend on volunteers, as do the Scouting pro-

grams and post charitable organizations. Without our volunteers, many of the “nice-to-have” projects would never get finished around post. Without our volunteers, our children would continue to struggle with reading problems or would be unable to have exceptional organized sports programs.

Last year, more than 2,000 Mountain Post adults and youths volunteered their time and services, contributing more than 90,000 hours of volunteer service to our community. If we were paying these people, we would have to budget more than \$2 million more for the post.

There are volunteer opportunities for everyone. Whether you can give an hour a week or much more, every little bit can and does make a difference. On “Make a Difference Day,” our soldiers and teens went out and made a noticeable impact on the way the community looks — and the community noticed.

Volunteering can also help you gain valuable job skills, like the volunteers with the Mountain Post Magazine and the *Mountaineer* do. These volunteers can obtain college credit for their work, if they are students in a college which recognizes an intern program. When they are finished with their projects, they have broadcast or print news stories that they can use in their portfolio for job interviews.

On behalf of all of us at Fort Carson, I want to say a special thank you to the many volunteers who make a difference every day in our community and in the lives of many of our neighbors.

Fort Carson will bring the community together June 2, to celebrate and recognize all the Mountain Post volunteers who have given their time, skills and talents to making Fort Carson the outstanding Army community it is today. Please mark your calendar and join Mrs. Soriano and me at Iron Horse Park from noon to 3 p.m. for a community picnic and awards celebration to honor our great volunteers.

Volunteer contributions make a difference in our community by making our community a better place to live and grow. I urge those of you who are not yet part of our special volunteer group to join. Getting started is easy. Call the Installation Volunteer Coordinator, Gwendolyn Ragle, at 526-8303 for information about volunteer opportunities on Fort Carson and get involved today.

Mission first ... people always ... one team.
Bayonet!

Major Gen. Edward Soriano
Commanding General
7th Infantry Division and Fort Carson

AFTB Classes offer spouses a new perspective on Army life

Commentary by Julie Welch
Mountaineer Staff Volunteer

As a new Army spouse I have faced various challenges as I have struggled to adapt to my new lifestyle.

Memorizing my husband's unit information and social security number became the least of my problems as I soon realized my husband would be leaving only two weeks after we arrived at Fort Carson.

I had so many questions about this new community as well as the military itself. I had trouble deciphering the various ranks, much less the customs and courtesies of the Army. What is expected of a military wife? How do I cope when my husband is deployed? Where could I go for all the answers?

Upon voicing my concerns to another military spouse, she advised me to sign up for “AFTB.” My initial response was less than enthusiastic because it was yet another acronym that meant nothing to me.

When my friend explained that Army Family Team Building classes were meant to help spouses in my situ-

ation, I began to see the advantages of joining such a class.

Since my husband was away in the field at the time, I decided I had nothing to lose. At least it would get me out of the house and give me the opportunity to meet other spouses. With that thought in mind, I signed up for a Level I class.

The class consisted of both enlisted and officers' spouses who were attending the class for various reasons. After introductions were made, I discovered that some women were new to the military and simply wanted to inform themselves while others wanted to either brush up on their knowledge or simply get involved in the community and meet with other Army spouses. One young officer and his wife were also present because they had recently moved to Fort Carson and wanted to learn about the community together.

Although the small group consisted of people with diverse backgrounds and personalities, I felt an instant camaraderie with these women. We know the rewards and frustrations that come with

being an Army wife in a way that nobody else can.

Our instructors, Megan Costanza and Jane Phipps, used the notebook that was provided as a general guide, but they did not limit our learning and discussion to the notebook. We were given various handouts on Army acronyms, customs, etiquette, financial information, education, ranks, community service and resources. We used these handouts as a reference, but the real learning was done with hands-on experiences.

We played games to better understand military ranks, practiced going through a receiving line, watched a video about volunteer services and resources at Fort Carson, listened to a guest speaker, and enjoyed the spontaneous discussions that would inevitably occur.

Sgt. 1st Class Juan Vazquez, a loan officer, used a Power Point demonstration to go over a sample Leave and Earnings Statement as well as to discuss Army Emergency Relief (assistance, eligibility and requirements). He

answered all of our questions concerning finances, from the most basic to the most complicated, in a thorough and interesting manner.

By the end of the class, I had a sense of pride in my newfound knowledge of the military and felt that my certificate was well earned. I was excited to share my insight with my husband and anxious to utilize the many resources offered to dependents at Fort Carson.

My eyes were opened to the potential opportunities that await me as a military spouse. Rather than feeling inhibited by my new role, I began to feel liberated.

AFTB classes are only one of the many resources available at the Family Readiness Center. The Center contains a wealth of opportunities for military families.

My advice is to take advantage of the many free services that the Army provides, and Army Family Team Building classes are a great place to start.

LETTERS TO THE EDITOR

The *Mountaineer* invites readers to write letters to the editor in response to stories in the *Mountaineer* or events that affect the entire Mountain Post Team.

Guidelines are set to ensure fairness to everyone. All letters must be signed and include an address or unit designation and daytime telephone number for verification. No address or telephone number will be published and name will be withheld upon request. Anonymous letters will not

be considered.

Letters should be no longer than 200 words in length. The *Mountaineer* reserves the right to appropriately edit all letters. If a letter involves an on-post situation, the text of the letter will be forwarded to the appropriate person or directorate for comment. Obscene or pornographic language or materials will not be published.

Because of legal restrictions, both in federal regulations and AR360-81, under which the *Mountaineer* is pub-

lished, no letters concerning local or national political issues will be published. Publication of any letters will also conform to all appropriate Department of Defense and U.S. Army regulations.

Letters may be sent to: Letters to the Editor, The *Mountaineer*, 1550 Specker Ave., Fort Carson, CO 80913 or dropped off at the *Mountaineer* office, building 1550, Room 2180.

MOUNTAINEER

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News

West Point Society will celebrate Founders’ Day

The West Point Society of the Pikes Peak Region celebrates Founders’ Day with a brunch Saturday.

Founders’ Day is the annual celebration of the founding of the U.S.

Military Academy (West Point) in 1802. Local West Point Societies worldwide commemorate Founders’ Day in March or April every year.

All West Point graduates and their spouses from southern Colorado are

invited, along with seven high school students who are candidates for admission to West Point this summer.

The brunch will take place from 11 a.m. to 2 p.m. at the Wyndham Hotel, 5580 Tech Center Drive. Guest

speaker will be Army Lt. Gen. Edward G. Anderson III, deputy commander-in-chief of U.S. Space Command.

For information call Ron Hansen, event coordinator, at 226-0093.

Transformation

From Page 1

ing the personnel soldiers trained on Army skills is important, “All those things take away from our ability to take care of (other) soldiers.”

The focus of the 4th PSB soldiers is on making sure soldiers who must be on the battlefield don’t have to worry about records not being updated and that the records have been taken care of, Kerbuski said.

“When it comes down to it, my emphasis has to be on taking care of the soldiers,” he said. “I have to make sure those who are out there fighting do not have any worries.”

With Fort Carson’s 4th PSB taking such aggressive action in the whole planning process, it has become the template for other military installations to follow, he said. Whereas other units would have waited until the last minute for disposition of equipment, the 4th PSB has chosen not to.

“We are way ahead of the game,” Kerbuski said.

“We have more soldiers back here (at the office) now focusing on personnel services.”

The new way of doing business has many downsides as well as the positive aspects. For instance, 4th PSB will not only be losing a third of its manpower, but will also be losing command abilities and command power.

“It causes us to get out of our comfort zone,” he said. “We have to look at different ways of doing things and that’s going to cause a lot of individual discomfort.”

On the up side, Kerbuski said, “We are not really downsizing, we are just looking at a different way of doing business.”

The system will work by using some of the commercial business procedures already out there, such as Internet and e-mail. One thought is to have the soldiers at the lowest levels be able to access their records through the Wsssseb and make updates. That way, updating records will not be a third or fourth priority, because it may only take 10 minutes, compared to

before, when it may have been an hour because of travel time. Even so, the process has no set timetable; it is when the system becomes available, he said.

“We have to be careful of how we are going to do this if we are going to be doing it on the Web,” Kerbuski said. “We want to move forward quickly, but we have to move forward cautiously to safeguard our folks.”

Overall, Kerbuski believes the new system is on the path to the future Army.

“(Are) there going to be some bumps in the road — most definitely,” he said. “I think it’s a great idea. This thing here (Internet) can be a friend of ours and a great tool. The problem is, we have many personnel that are used to the old way of doing things.”

But in the long run, the 4th Personnel Services Battalion will continue with the most important mission at hand — taking care of soldiers and their family members.

“Anytime we can do that — that will be a great thing,” Kerbuski said



photos by Mike Knapik,
Regional Training Support Center

We are women — hear us roar...

Post personnel celebrate Women's History Month March 22 at the Elkhorn Conference Center. The theme for this year's celebration was "Celebrating Women of Courage and Vision." Attendants had the opportunity to remember and celebrate the contributions women have made throughout history and the role they've played in the military. During the celebration there were refreshments and exhibits provided by Community Health, World Class Athlete Program, Army Community Service, as well as other various organizations. The guest speakers included Juliet Draper and Sandra Bell.



Court Martial

From Page 1

being suspended in a pretrial agreement.

Pfc. Kevin Jones was also found guilty of armed robbery and conspiracy. He was sentenced to four years confinement, with one year being suspended in a pretrial agreement.

The other four soldiers involved in the

McDonald's robbery are pending trial or completing Article 32 investigations.

In another case held Friday, a soldier from C Company, 1st Battalion, 12th Infantry Regiment received a bad conduct discharge.

Private James Meyer was charged with two specifications of failure to repair, one specification of violating a general regulation, disrespect to a commissioned officer, disobeying a lawful command,

wrongful appropriation, breaking and entering, wrongful communication of a threat and wrongful use of three different types of drugs to include cocaine, amphetamine and methamphetamine.

Meyer pled guilty, and was found guilty of all charges by a military judge. He was sentenced to six months confinement, total forfeiture of all pay and allowances and a bad conduct discharge.

Community

Chili Cook-off to highlight Family Connection opening

by Donna Finney
Army Community Service

Have you ever wondered who makes the best chili on Fort Carson? Some say 3rd Armored Cavalry Regiment because the regiment brought home special spices from Bosnia. Others say 10th Special Forces -- its chili as strong and powerful as they are. Who's right? Come to the Fort Carson Chili Cook-off scheduled for April 17 from 11:30 a.m. to 2 p.m., at the Family Connection, building 1354. Judging and tasting begins at 11:30 a.m.

The Chili Cook-off is open to all military units on Fort Carson. In addition to bragging rights and a grand prize for best overall chili, prizes will be

awarded for the best "unusual" chili, the best presentation booth, and the best "schmoozers." Members of the Fort Carson community will vote for the winner. Tasters from the Mountain Post community are invited to come and partake of the culinary delights and the atmosphere of friendly rivalry.

The cook-off is part of the grand opening celebration of the new Fort Carson Family Connection, a networking and orientation center for family members.

The Family Connection will include a variety of services and information for spouses and adult family members such as ACS greeters to help newcomers get settled in our community; information on schools,

volunteer opportunities, community and post resources, spouse employment and Family Readiness Groups; SHARE Colorado registration; educational classes designed to strengthen family readiness; a book and toy exchange; and the ACS Loan Closet. Computers will also be available in the center for newcomers to use to check their e-mail or to notify family members of their safe arrival at Fort Carson.

The center will be open Monday through Friday from 8 a.m. to 4:30 p.m., starting April 17.

For more information or to enter a team in the cook-off, call ACS at 526-4590. Participation is limited to 30 teams so register your team with ACS today.

Mountain Post provides immigration and naturalization assistance

by Donna Finney
Army Community Service

Soldiers and family members needing immigration and naturalization assistance do not have to travel to Denver or pay commercial consultants. This service is available free of charge on Fort Carson, thanks to a new partnership between Army Community Service, 4th Personnel Services Battalion and the Denver office of the Immigration and Naturalization Service.

Both 4th PSB and ACS have INS forms and offer assistance, including requesting cases be expedited due to Permanent Change of Station orders. 4th PSB helps active duty soldiers complete, submit and track their citizenship cases; and ACS assists soldiers with immigration issues and family members with both immigration and naturalization processes.

An INS agent from the Denver office comes to Fort Carson on the second Friday of each month to meet with soldiers and family members who have complex situations and need more technical assistance. These appointments are made only after screening by appropriate 4th PSB, ACS or legal assistance personnel.

To learn more about how 4th PSB or ACS can help you with your immigration or naturalization issues, call Cpl. Nathaly Gaffke, 4th PSB, at 526-1906 or Donna Finney, ACS, at 526-4590.

ACS starts total volunteer movement

by Wendy Carlston
Army Community Service Volunteer Coordinator

Army Community Service began as a total volunteer effort more than 35 years ago to support our soldiers during times of war. Today, our services are a vital contributor to soldier and family readiness every day. Even though ACS has a core paid staff that is trained in special areas to fulfill the needs of soldiers and their family members, ACS still relies on volunteer support.

There's no doubt that ACS, along with Fort Carson and the Army, benefits by utilizing the skills and talents of many volunteers, but volunteers also benefit.

Volunteers receive free child care, free job training and new skills, recognition/awards programs such as the Volunteer-of-the-Month and various Volunteer Appreciation events throughout the year. Volunteers also get personal bene-

fits such as self-confidence, self-esteem, new friendships and a general knowledge of Army programs.

Currently, there are several volunteer job openings. Some programs have a higher need than others. Those are:

Baby Bundles — this program provides first-time parents, E-4 and below, with a bundle which includes handmade baby blankets, bottles, onesies or other baby items. This program needs volunteers who can sew, either at home or in the ACS Baby Bundles room, to make the blankets. If you've ever wanted to learn to sew, the program chairperson is willing to teach you. All supplies are provided by ACS (through donations). Even if you're not interested in sewing, people are needed who can put the bundles together and keep the closet stocked.

See Volunteer, Page 10

Chapel

Lenten Lunch — Christians prepare for Good Friday during the season of Lent. As part of this preparation a Lenten devotion time, including a light lunch, will take place each Wednesday, through April 11, 11:30 a.m. to 12:45 p.m. at Soldiers’ Memorial Chapel. All are invited.

Soldiers’ Memorial Chapel will present “The Living Last Supper” dramatic event April 12. Help is needed in many facets of the production — actors, props, set construction, makeup, costumes and general support. To join in this project please contact Bob Kwiatkowski at 392-4883.

Protestant Lenten Easter Schedule
Wednesdays in Lent Ecumenical Lenten Lunches — lunch provided 11:45 a.m. Wednesday.
Palm Sunday Regular Protestant Worship Service Schedule — 11 a.m.
Holy Thursday Maundy Thursday Service — 11 a.m. at Healer Chapel.
Liturgical Communion Service — noon at Soldiers’ Chapel.
Seder Meal with Communion April 12 — 6 p.m. at Soldiers’ Chapel.
Living Lord’s Supper — 7:30 p.m. at Soldiers’ Chapel.
Good Friday Ecumenicals Service — noon at Soldiers’ Chapel.
Good Friday Service, Last Saying of Christ — noon at Healer Chapel.
Easter Sunday Ecumenical Sunrise Service — 6 to 6:40 a.m., outdoors at Soldiers’ Chapel.
Continental Breakfast — 7 a.m. at Soldiers’ Chapel. Regular protestant worship schedule

Special Lenten-Easter Catholic Services
Friday’s Lent Stations of the Cross — 11:30 a.m. at Healer Chapel.
Stations of the Cross — 7 p.m. at Soldiers’ Chapel.
Soup/Bread Supper — 5:30 to 7 p.m. at Soldiers’ Chapel.
Wednesday Communal Penance Service — 7 p.m. Confessions.
Holy Thursday Mass — noon at Healer Chapel.
Holy Thursday Mass — 7 p.m. at Provider Chapel.
Good Friday Service — noon at Healer Chapel.
Good Friday Service — 7 p.m. at Soldiers’ Chapel.
Holy Saturday Easter Vigil — 8 p.m. at Soldiers’ Chapel. (regular Saturday evening Mass at 5 p.m. canceled)
Easter Sunday Mass — 8 a.m. at Veteran’s Chapel.
Easter Mass — 9:30 a.m. at Soldiers’ Chapel.
Easter Mass — 12:15 p.m. at Provider Chapel.

Chapel Schedule

| ROMAN CATHOLIC | | | | | |
|---|------------|--------------------|--------------------------|---------------------|-------------------------------------|
| Day | Time | Service | Chapel | Location | Contact Person |
| M-W-F | noon | Mass | Healer | Evans Army Hospital | Chap. Stahl/526-5769 |
| Tues-Thurs. | noon | Mass | Soldiers’ | Nelson & Martinez | Chap. Stahl/526-5769 |
| Saturday | 5 p.m. | Mass | Soldiers’ | Nelson & Martinez | Chap. Stahlc/526-5769 |
| Sunday | 8 a.m. | Mass | Veterans’ | Magrath & Titus | Chap. Stahl/526-5769 |
| Sunday | 9:30 a.m. | Mass | Soldiers’ | Nelson & Martinez | Chap. Stahl/526-5769 |
| Sunday | 10:45 a.m. | CCD | Soldiers’ | Nelson & Martinez | Ms. Feldman/526-0478 |
| Sunday | 11 a.m. | Mass | Healer | Evans Army Hospital | Fr. Gagliardo/526-7386 |
| Sunday | 12:15 p.m. | Mass | Provider | Barkeley & Ellis | Chap. Stahl/526-5769 |
| EASTERN ORTHODOX | | | | | |
| Sunday | 8 a.m. | Divine Liturgy | Soldiers’ | Nelson & Martinez | Chap. Olson/526-5772 |
| CONTEMPORARY CHRISTIAN | | | | | |
| Thursday | 7 p.m. | The “ROCK” Service | Spiritual Fitness Center | Barkeley & Ellis | Chap. Thornton/526-1374 |
| PROTESTANT | | | | | |
| Sunday | 9 a.m. | Protestant | Healer | Evans Army Hospital | Chap. Simmons/526-7387 |
| Sunday | 9 a.m. | Protestant | Provider | Barkeley & Ellis | Chap. Drake/526-4206 |
| Sunday | 9:30 a.m. | Protestant | Veterans’ | Magrath & Titus | Chap. Atkins/524-1822 |
| Sunday | 11 a.m. | Protestant | Soldiers’ | Nelson & Martinez | Chap. Kincaid/526-8011 |
| Sunday | 11 a.m. | Prot./Gospel | Prussman | Barkeley & Prussman | Chap. Pair/526-2811 |
| Sunday | 9:30 a.m. | Sun. School | Soldiers’ | Nelson & Martinez | Dr. Scheck/526-5626 |
| Sunday | 9:30 a.m. | Sun. School | Prussman | Barkeley & Prussman | Chap. Pair/526-2811 |
| Sunday | 6:30 p.m. | PYOC | Soldiers’ | Nelson & Martinez | Ms. Scheck/524-1166 |
| LITURGICAL PROTESTANT | | | | | |
| Sunday | 10:45 a.m. | Protestant | Provider | Barkeley & Ellis | Chap. Bauer/526-5279 |
| JEWISH | | | | | |
| For information and a schedule of Jewish Sabbath services, call the U.S. Air Force Academy Cadet Chapel at 333-2636. | | | | | |
| WICCA | | | | | |
| 2nd and 4th Tuesday | 6:30 p.m. | | Spiritual Fitness Center | Barkeley & Ellis | Ms. Costantino-Mead/ (303) 428-7703 |
| For additional information, contact the Installation Chaplain’s Office, building 1550, at 526-5209. Normally, free child care is available during on-post worship services. | | | | | |

Daily Bible Readings In order to assist in regular scripture reading, the following scriptures are recommended. These scriptures are part of the common daily lectionary which is designed to present the entire Bible over a three-year cycle.

- Friday — Psalms 113 & Luke 22
- Saturday — Isaiah 64:1-9 & Luke 23-24
- Sunday — Isaiah 25:1-9 & Romans 1-3
- Monday — Psalms 114 & Romans 4-6
- Tuesday — Psalms 115 & Romans 7-9
- Wednesday — Psalms 116 & Romans 10-13
- Thursday — Psalms 117 & Romans 14-16

Chaplain’s Corner

Commentary by
Chap. (Capt.) William A. Lovell
Battalion Chaplain
1st Battalion, 68th
Armored Regiment



Mr. Ed Giordano looked down into waters of the Atlantic Ocean. He was on his way to Argentina aboard a Norwegian cruise ship. He pondered his new ventures in South America as a missionary.

As he stood by the rail, the ship’s captain strolled alongside Giordano. As they

exchanged names and pleasantries, the captain asked Giordano why he boarded the ship bound for Argentina. He replied that he was a minister and was appointed by his denomination to serve as a missionary. Then the captain took a strange turn in his conversation.

“Do you believe God is real?” he asked.
“Yes, I do, very much. I would not be here if I did not believe that,” Giordano replied.
“I personally do not believe in God, I am an atheist. May I ask you another question...Do you believe in hell?”
“I certainly do.”
“This is what I do not understand about

Christianity. I am the captain of this ship. If I knew that just one of my crew had fallen overboard, I would halt everything, turn my ship around and not cease until that one person was saved. Why do Christians claim to believe in hell and do not act as if that threat was real to humanity?”

If I likened the church to a search and rescue ship at sea, I would draw the following picture:

The captain, some of the crew and a handful of passengers are fully aware that there are people lost at sea. They do everything to rally help but they run into an incredible amount of resistance: a steward runs for a life vest to throw to a drowning woman while he is accosted by a passenger who demands fresh ice in his cabin; an engineer receives a call from the captain to turn the vessel around in order to rescue another sinking ship; and the engine room team decides the rescue can wait while it takes a coffee break.

A number of the passengers notice a group of people floating on the open sea, off in the distance. They plead with several of the crewmembers to take a lifeboat out to them but they refuse. When the passengers volunteer to take the lifeboat to the floating group, the sailors tell them to leave their lifeboats alone.

Passengers frequently slip off of the boat because the guardrails are rickety and not maintained. Infighting and anarchy among the crew has brought about the sectioning off of the ship. Many sailors refuse to help another part of the ship because of their disdain for another section.

There are a few efforts at unifying the crew. Several suggested that the boat be turned into a cruise

ship and set about doing so. The passengers follow their lead and begin to build juice bars, fitness centers and fine dining restaurants. They get the navigational crew to sail calmer waters and to better ports. Of course, this means taking them away from those lost at sea. But true to form, they will bicker again about trivial matters such as the color of the paneling and who gets priority in scheduling the captain’s gallery for special events. Some people even get upset when newly-rescued passengers get the carpet wet with seawater.

In spite of the willful ineptitude of many on board, the captain refuses to let the ship turn into anything but a rescue ship. He rallies whoever is willing to rescue the lost and gives them missions to do just that. He knows that the danger of the sea is very real.

Some of his best rescuers are those recently taken from the sea. They will do whatever the captain asks because they know firsthand how dangerous the sea can be. They do not complain about how cramped their quarters are because they are happy to have a dry place to rest. Their zeal often annoys some of the “old salts.” But the captain will not dismiss them because they fill roles on the ship that have been neglected for years.

I would not ask you if you believe in God because you would probably say yes. I would ask you two questions:
• Do you believe in Hell?
• What are you doing to ensure someone doesn’t go there?



Ketz

by 1st Lt. Brian J. Ketz
4th Financial Battalion

Foreign Duty Pay was changed to Hardship Duty Pay Jan. 1, in accordance with Title 37, U.S. Code, Section 305. The new HDP is predicated on the performance of official duties in a designated hardship duty location. Previously, FDP only applied to enlisted soldiers but the new HDP applies to both officers and enlisted soldiers. HDP is an additional compensation paid to service

members during assignment in land areas outside the continental United States where living conditions are substantially below the standard a member assigned in CONUS would experience. Hardship Duty Pay is paid in recognition of the extraordinarily arduous living conditions, excessive physical hardship and/or unhealthy conditions that exist in the HDP designated area. HDP will be paid at three levels, \$50, \$100, \$150. The previous FDP ranged from \$8 to \$22.40 per

month. Currently, the MFO is not designated as eligible to receive the new HDP. However, soldiers currently assigned to the Multi Force Operations will continue to receive the current FDP until they move to their next duty stations. Those soldiers present in the MFO on Jan. 1, 2002 will be grandfathered under the old FDP, but will not qualify for the new HDP.

U.S. Army Space Forces get new commander

U.S. Army Space Command
Public Affairs Office

U.S. Army Space Command held a change of command ceremony for its commander of Army Space Forces at Peterson Air Force Base last week.

Outgoing commander Col. John V. Klemencic turned over the reins to the incoming commander, Col. William J. Partridge, during the passing of the unit colors at the Peterson Parade Grounds.

Lt. Gen. John Costello, commanding general of the U.S. Army Space and Missile Defense Command and ARSPACE hosted the event and reflected on Klemencic's tenure at ARSPACE.

"John Klemencic has been an

excellent commander at Army Space Command," said Costello.

Klemencic's next assignment is the TRADOC system manager for cannons at Fort Sill, Okla.

During his tenure as ARSPACE's Commander of Army Space Forces, Klemencic improved performance of the Army Space Support Teams and Joint Tactical Air Ground Stations. He has been responsible for the supervision of two one-of-a-kind battalions — the 1st Satellite Control Battalion and the 1st Space Battalion. In addition to these battalions, a third, the Colorado Army National Guard Battalion, the 193rd Space Support Battalion, stood up during his tour of duty at ARSPACE.

ARSPACE was activated and organized to support the field Army on April 7, 1988. It absorbed the planning and support functions of the Army Space Agency and assumed operational space missions.

In August 1992 ARSPACE became an element of SMDC; and, in 1997, the Army placed even more dependence on space with the formation of its newest major command, SMDC, of which ARSPACE is a major subordinate unit.

Partridge was previously assigned as the battery executive officer, 20th Field Artillery and as brigade executive officer, 4th Aviation Brigade, 4th Infantry Division, Both at Fort Carson.



Military

Army 101: ACS offers Army Family Team Building classes

by Julie Welch
Mountaineer Staff volunteer

Army Family Team Building classes are free classes for military spouses who are interested in learning about the Army and getting more involved in the Fort Carson community. Megan Costanza, the contractor for AFTB, stated that the classes could just as aptly be called "ARMY 101" because the instructors teach about all aspects of the military and concentrate on explaining military issues in a way that is easy to understand.

"I wish we could make more commanders aware of the program and that we could get more spouses in the program. Those are my two biggest concerns," said Costanza.

According to an information pamphlet on AFTB, classes are held at the

Family Readiness Center and are available in three levels. Although the classes are targeted at different audiences, the FRC emphasizes that there are no restrictions and spouses are welcome to attend any of the three classes.

Level I is an eight-hour beginning class focusing on those who are relatively new to the Army. This class teaches about such things as: military terms, acronyms, customs, courtesies, benefits, entitlements, compensation, military and civilian resources and the concept of the chain of command.

Level II, a 20-hour class, focuses more on those who have five to 10 years experience as an Army spouse and an interest in developing leadership and management skills such as: communication, conflict management, understanding needs, crisis and griev-

ing and group dynamics. Also, stress management, family support groups, and enhancing relationship building are some other areas that are discussed in this class.

Level III, another 20-hour class, is for those who want to learn advanced leadership skills. This is essentially a training class for individuals who are interested in coaching, mentoring, advising or teaching in many areas. Upon completion of Level III, one may become a volunteer instructor.

AFTB classes are often taught by volunteer instructors who are often seasoned military spouses. These volunteers are able to draw from their own experiences to help new spouses become adjusted to military life.

The AFTB motto is "Spouses Teaching Spouses" and Jane Phipps, a

former soldier and now a military spouse, is one such volunteer instructor. She volunteers her time and experience to help those who are new to the military. As an instructor, she is able to answer questions from the perspective of both a soldier and a spouse.

Felicia Wilkinson, who attended a Level I AFTB class, remarked, "(The AFTB classes) are important to take for young soldiers and their spouses because they (the staff) welcome them and help them (soldiers and families) to face the challenges of military life."

Lunch and a comprehensive notebook are provided by the Family Readiness Center and a certificate is awarded upon completion of a class.

AFTB classes are held regularly. If interested in signing up for a class, call the FRC at 524-AFTB.

Peacemakers return from Bosnia

Story and photo by Patrick A. Black
Mountaineer staff intern

Soldiers from an enhanced separate brigade of the 7th Infantry Division returned from Bosnia Tuesday after conducting a six-month peacekeeping mission.

The soldiers of the 45th ESB arrived at Peterson Air Force Base and were greeted by Maj. Gen. Edward Soriano, commanding general, 7th ID and Fort Carson, Brig. Gen. Jerry Grizzle, 45th ESB and other representatives from the brigade which is located in Oklahoma.

The returning soldiers, who belong to two infantry companies: Company A, 1st Battalion, 279th Infantry

from Tulsa, Okla., and Company C, 1st Battalion, 179th Infantry from Oklahoma City, will have a brief stay at Fort Carson before heading home.

While in Bosnia the soldiers were attached to the 3rd Infantry Division, Fort Stewart, Ga., which headquartered Stabilization Force 8.

According to a Fort Carson press release, soldiers of SFOR-8 conducted efforts to enforce the Dayton Peace Accord with weapons storage site inspections, frequent patrols and escorting civil-military authority to establish a peaceful environment where legitimate authorities can effectively create a new infrastructure.



Show me the money



Jolley

by Staff Sgt. William Jolley
10th Combat Support Hospital
Command Financial Noncommissioned Officer

It's a perfect day on the slopes; your skis are cutting through 12 inches of fresh powder like a hot knife cutting through butter. You hear someone shout, "look out" as your face plants itself into a tree.

Suddenly the world fades to black. Are your affairs in order? Do you have a will? What about your home? What will you do? Nothing ... you're dead, remember? That's why now is the time to get your affairs in order.

No one likes to think of not being around for their loved ones. However, death is one of those inevitable things that we all face and chances are we won't see it coming.

Your first step in being prepared for this event is to have a will. A will is a legal document that tells the world how and by whom you want your assets handled after you die. If you die without a will, some judge is going to make several important decisions based on the rules of the state.

Among these decisions are:

To whom will your assets go? In most states, if you die they go to your spouse, then your children, parents, siblings and on down the line. If you're not married, you could be in real trouble; if you have a significant other who is not mentioned in a will, he or she will get nothing.

Who will manage your estate? If both you and your spouse die at the same time, your assets will go to your children. But those assets will be managed by someone not of your choosing. So, if you had dreams of sending your child to Princeton ... tough luck. If the court-appointed custodian thinks it's too expensive your children may have to attend a state school. The court will also pick guardians to care for your children — with little or no prior knowledge of the relationships in your family. So your children may end up living with Uncle Joe, whose idea of fine dining is adding milk to his corn flakes.

Your legal assistance office can help you put together a will at no charge. There is no reason not to have a will. Some things to have in mind before you sit down to complete a will is who you want your assets to go to or how you would like to have them split up. This would include choosing an executor of the estate, who should be a person you trust to ensure your will is carried out to the letter.

You should also choose a guardian for your children. Things to consider when selecting a guardian is the person's health, resources, values similar to yours, and geographic location.

You should review your will annually. I like to do this on my birth month. Along with reviewing your will you should review your life insurance policies, power of attorneys, and living wills to see if anything needs to be changed or updated. We have all worked throughout our lives for what we have. Planning for our affairs after we are gone is one aspect of financial planning that is often overlooked.

Your CFNCO can assist you in determining where your assets are and if your life insurance is sufficient. This advice, along with assistance from the legal office, should make it easier for you to sleep at night.

Volunteer

From Page 5

Mayors -- If you live in Cherokee or Sioux Village, you may be the person they're looking for to fill the mayor and/or deputy mayor position.

Puppet Troupe -- "Kids on the Block" is a puppet show that performs in local schools with high military pop-

ulations. The puppets talk to children about important safety issues.

Volunteers who can commit five to 10 hours per week are needed to keep this program active. Training is provided.

Nurturing -- Volunteers work closely with children in the program, teaching them important concepts such as self-esteem and awareness, understanding family, making choices, and

expressing feelings.

Training is provided and the volunteer should be able to commit to three to five hours per week for a 12-week session.

Training for the summer session starts in April.

Victim Advocacy Program -- Are you willing to help victims of abuse by providing support and information?

Extensive training is provided.

Other volunteer opportunities are available in Army Family Team Building, Outreach, Exceptional Family Member program, Relocation and Finance.

To learn more about these and other volunteer opportunities, please come by the Family Readiness Center, building 1526, or call 526-4590.

Dining Schedule

Weekday Dining Facilities

A La Carte Facilities

43rd ASG Cheyenne Mountain Inn (building 1040)
3rd BCT Iron Bde. (building 2061)
3rd ACR Butts Army Airfield (building 9612)

Standard Facilities

3rd ACR Patton House (building 2161)
10th Special Forces Group (A) (building 7481)

Weekday Meal Hours

| Mon., Tue., Wed. and Fri. | Thur. |
|----------------------------|-------------------|
| Breakfast 7:30 to 9 a.m. | 5:30 to 7 a.m. |
| Lunch 11:30 a.m. to 1 p.m. | noon to 1:30 p.m. |
| Dinner 5 to 6:30 p.m. | 4 to 5:30 p.m. |

Week of March 31 to April 6

Exceptions

- Butts Army Airfield Dining Facility serves breakfast and lunch meals only.
- 10th SFG (A) meal hours are the same Monday through Friday. No dinner meal on Fridays.
- The CAV House Dining Facility will be closed for repairs until further notice.

Weekend Dining Facilities

43rd ASG Cheyenne Mtn. Inn (building 1040)
3rd ACR Patton House (building 2161)
3rd BCT Iron Bde. (building 2061)

Saturday Meal Hours

| | |
|-----------|----------------------|
| Breakfast | 8 to 10 a.m. |
| Lunch | 11:30 a.m. to 1 p.m. |
| Dinner | 4 to 6 p.m. |

Sunday Brunch/Supper Meal Hours

| | |
|--------|------------------|
| Brunch | 9 a.m. to 1 p.m. |
| Supper | 3:30 to 6 p.m. |

Family members are cordially invited to dine
at Fort Carson dining facilities.

Winter Warriors



conquer cold weather challenge

By Staff Sgt. Gary L. Qualls Jr.
Public Affairs Office

Deep snow, subzero temperatures and mountainous terrain were the challenges faced by the 3rd Battalion, 10th Special Forces Group's soldiers, along with the scout platoon from 1st Battalion, 12th Infantry, as the units took on the challenge of executing the group's mission in a frigid, alpine environment this winter and won.

The Mountain Post's Special Forces unit conducts this intense winter warfare training annually. The training, which lasts three months, is conducted in four phases: the preparation phase, the technical training phase, the team training phase and an external evaluation.

The preparation phase consisted of a series of classes on cold weather survival in a mountain environment. The focus of this training was to ensure soldiers have the "know how" to keep their body, mind and equipment performing at their peak for extended periods in the cold.

The technical training phase primarily involved teaching soldiers how to move effectively over mountainous, snow-covered terrain. The soldiers worked on their cross-country and alpine skiing techniques during this phase. The soldiers also trained in route selection, avalanche awareness and rescue during this phase. The

goal was to build each soldier's confidence in his ability to move safely through all types of mountainous terrain while carrying combat equipment necessary to conduct a Special Forces mission.

The Special Forces soldiers went to one of the coldest spots in Colorado, on the Western slope, to hone their winter war fighting skills. Here the soldiers sustained operations 10,000 feet above sea level with snow

depths of more than four feet and nightly lows of about minus 20 degrees fahrenheit. The Mobile Over Snow Transport Team also deployed its machines to Taylor Park to perfect snowmobile driving and tactical movement techniques during this phase of training.

An external evaluation culminated the exercise. The evaluation included wartime operations including, ambushes, demolition raids, sabotage and reconnaissance missions. The 1st Bn., 12th Inf. soldiers joined with the Special Forces during this phase of the exercise. According to the exercise scenario, the detachments were evaluated on their ability to organize, train, advise and assist a guerrilla force. The 1st Bn., 12th Inf. soldiers made up that guerrilla force.

"This is the first time we've trained in such extreme conditions," said Sgt. 1st Class Gregg Larsen, scout platoon sergeant for 1st Bn., 12th Inf.

Private First Class. Robin Clark, Headquarters, Headquarters, Company, 1st Bn., 12th Inf., described the training as "adventurous" and said it was "probably the best training we've done yet."

Larsen and Clark agreed that the infantry and Special Forces soldiers got along well together and it was a mutually beneficial experience.

"They (Special Forces soldiers) gave us a lot of expertise in cold weather operations and they (Special Forces soldiers) got some experience working with our lower enlisted soldiers," Larsen said, explaining that most Special Forces soldiers are noncommissioned officers and don't get much experience dealing with young soldiers.

Clark said the training was "a bit more stressful" than what he was



1st Battalion 12th Infantry soldiers role play guerrilla soldiers in the Grand Mesa area in Colorado.



Photo by Staff Sgt. Gary L. Qualls Jr.

A squad leader whispers instructions to a soldier just before an ambush during the external evaluation of 3rd Battalion, 10th Special Forces Group at Grand Mesa National Forest.



Sergeant 1st Class Gregg Larsen of Headquarters, Headquarters, Company, 1st Battalion, 12th Infantry, role play guerrilla soldiers in the Grand Mesa area in Colorado.



Photo by Staff Sgt. Antony Joseph

...aying a home defense force, ambush and kill enemy troops during the high-altitude cold-weather training conducted with the 10th Special Forces. The 10th Special Forces train in this terrain as practice for its usual area of operations — the European mountain regions.



Photo by Staff Sgt. Antony Joseph

...gg Larsen and Private First Class Robin Clark, both
...arters Company, 1st Battalioonn, 12th Infantry role-
...eceiving media on the battlefield training Friday.

...accustomed to, but just served to make him and his fellow
...infantry comrades in arms better.

Easy training a Winter Warrior does not make.

Editor's note: If this is the kind of challenge you
want, call the Special Forces Recruiter at 524-1461 or
(719)524-1462 or visit him on Fort Carson in building
7450.



Photo by Staff Sgt. Antony Joseph

A special forces soldier prepares his ruck at his "hooch" before setting off on another mission during cold weather training.

Sports & Leisure

Intramural playoffs going strong

by Walt Johnson
Mountaineer staff

Editor's note: The post intramural playoffs finals were held Thursday night at McKibben Physical Fitness Center. Detailed results of the new champions will be in next week's addition.

The post intramural basketball playoffs began March 21 at McKibben Physical Fitness Center with 12 teams battling for the right to be called the best team on post this season.

After four days of basketball action four teams got through the brackets undefeated and met in the winner's bracket semi-finals Tuesday night.

The 52nd Engineers survived a spirited run by 32nd Transportation, and the 10th Special Forces Group needed a missed free throw to squeak past Headquarters, Headquarters Troop, 2nd Squadron, 3rd Armored Cavalry Regiment Tuesday night.

In Tuesday's first game of the night the 52nd Engineers had to pull away from a stubborn 32nd Transportation team in the second half to secure its victory. The teams battled on even terms in the first half of the game with neither team enjoying more than a four-point lead over their opponent. In fact the Engineers needed a huge three point shot as the first half closed to take a 29-28 lead at halftime.

In the second half the Engineers slowly pulled away enroute to a 55-40 win that was not as one sided as the score would lead you to believe.

In the second game Tuesday night, the 10th SFG and HHT 2nd Sqd. 3rd

ACR played what must be termed a "classic" basketball game.

The game was a mirror image of the first game of the night, as neither team could build up more than a four-point lead over its opponent in the first half.

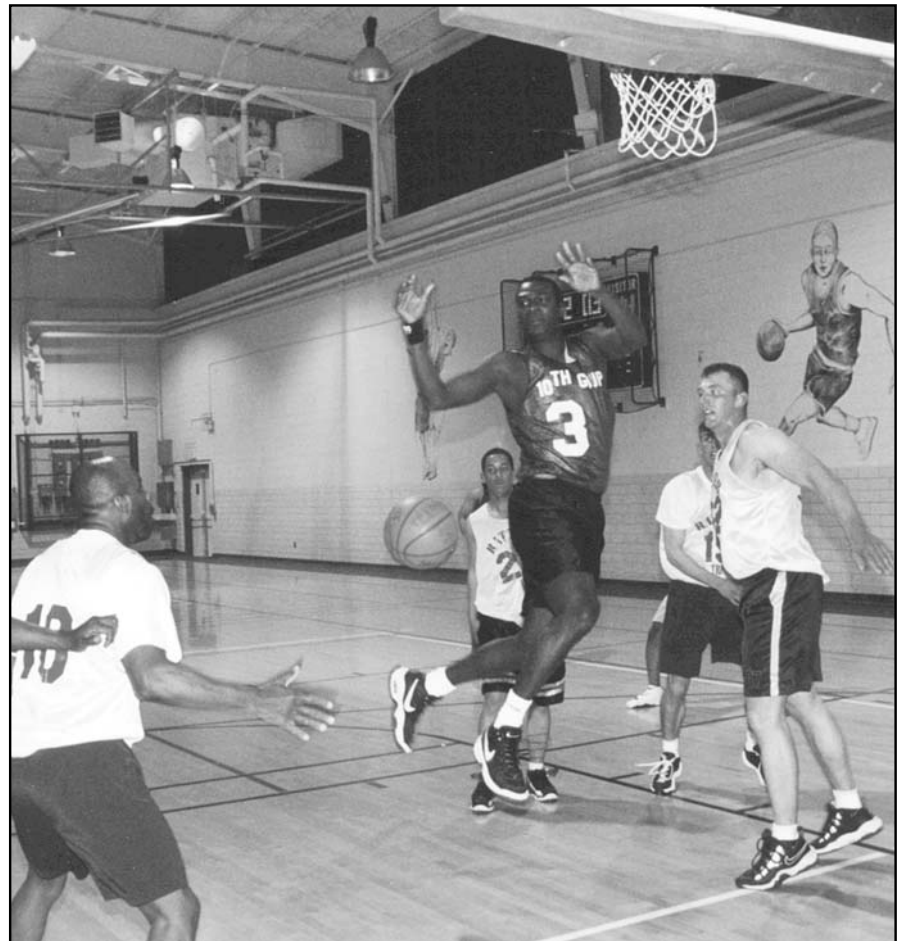
The 10th SFG took a two-point lead into the second half of the game but unlike its opponents in the winner's bracket championship game (52nd Engineers) were unable to pull away from the opposition.

Any time it seemed like the 10th SFG would go on a run that would put some separation between the two teams, HHT 2nd Sqd. 3 ACR would stand up to the 10th SFG assault and answer with a run of its own to keep the teams close.

Late in the second half it looked like HHT 2nd Sqd. 3rd ACR would be the team pulling away as it built a five-point lead over the Special Forces team with just over five minutes left.

Then the Special Forces team kicked it into gear and built up a 52-50 lead with just over 20 seconds left in the game.

Sensing this was the time to stand up HHT 2nd Sqd. 3rd ACR players went to the basket with a purpose but couldn't get the tying field goal. The team was fouled on one shot attempt in the act of shooting, and had a chance to tie the game with seven seconds left. They only made one of two free throws and the clock ran out, giving the Special Forces team a thrilling 52-51 victory.

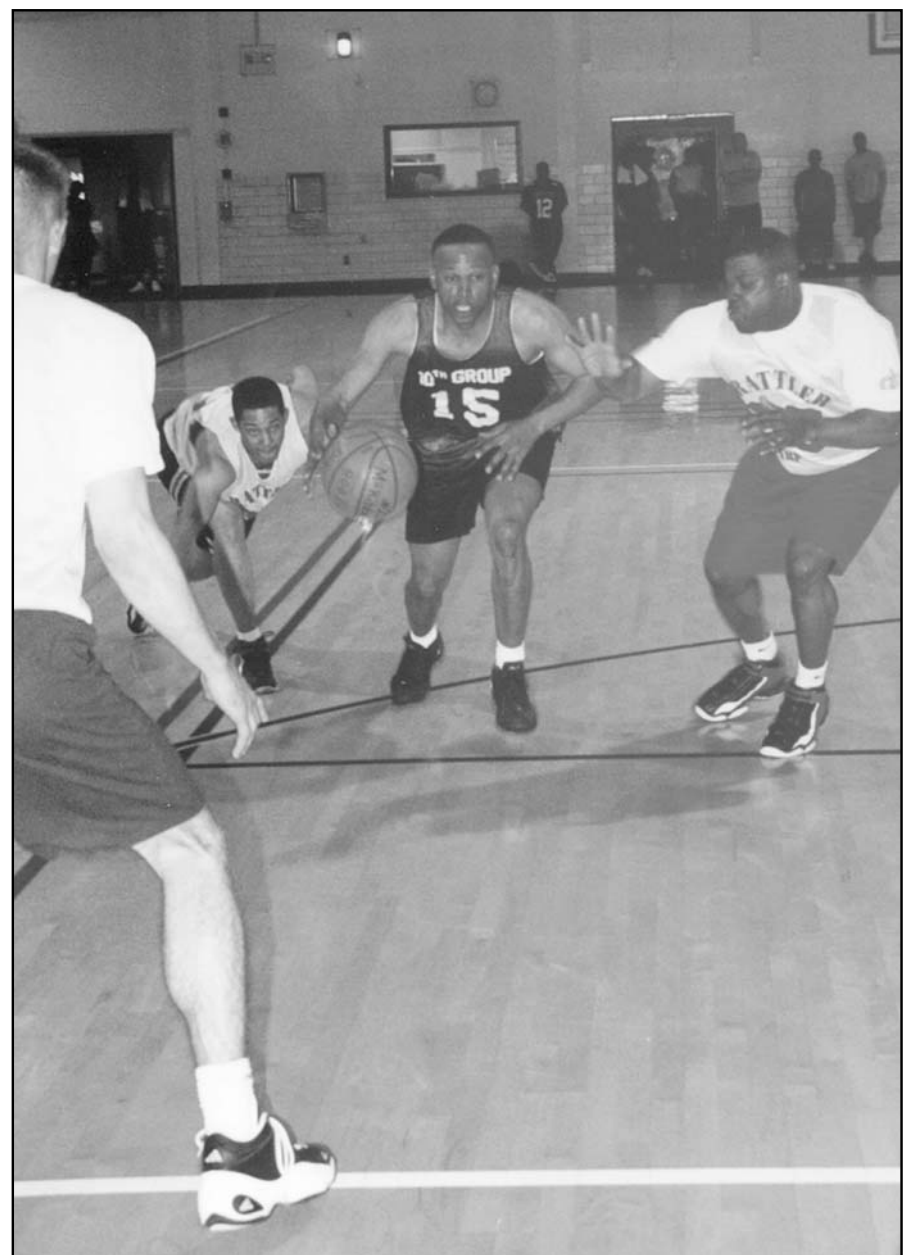


Photos by Walt Johnson

10th Special Forces forward Orden Roberts, 3, has the ball slapped out of his hands as he drives to the basket.



52nd Engineers guard Sam Woodberry, 13, heads up the court on a fast break opportunity Tuesday night.



10th Special Forces Group guard Bryan Dilligard drives past the efforts of HHT 2nd Sqd. 3rd ACR's Don Pitts, right and others.

On the Bench

The journey was long but it is now done for the old guy

by Walt Johnson
Mountaineer staff

Gang, it was a long, 20-month journey, but its over now for your humble servant.

By the time you read this I will have completed the requirements for my master's of arts degree from the University of Phoenix.



Johnson

Indeed I count this as one of the most satisfying accomplishments in my life. But I am not writing this column to sing my praises; the degree speaks for itself. Instead, I want to talk about why I think what I was able to achieve is tied to sports and hopefully will give people the understanding that they, too, can achieve great things with perseverance.

I find it interesting in these days that people will give you more than enough excuses about why they did not win a sporting contest or an event in life.

They will blame their life environment, their parents, their siblings or anyone else within the reach of blame. Many will think they are a victim of discrimination, or they are being held back because of their gender. Believe

me, I did not have the "silver spoon" upbringing, in fact I grew up on the mean streets of Newark, N. J. without my father, who passed away when I was 11 years old.

I could have made one of two choices at that point in life — turn to excuses or take personal responsibility for my life. I chose to take responsibility for what would happen to me.

I could quote you every statistic in the world that tells you I have no business having a master's degree today. But those stats don't take into account the desire I have to be the best person I can be.

It was tough getting through school and being here each week getting the sports section done for the paper, make no mistake about that. But it was also rewarding and satisfying, knowing that I was not going to let the environment determine my success, I was going to do that.

What does all this mean? It means if a boy who was raised up in the ghetto of Newark can earn a master's degree, people who have given up trying because they think they can't achieve should be encouraged. People who think no one cares if they are successful, because of their race or gender, should be encouraged. People who think not having enough money (I served 20 years in the Air Force and

See Bench, Page 17

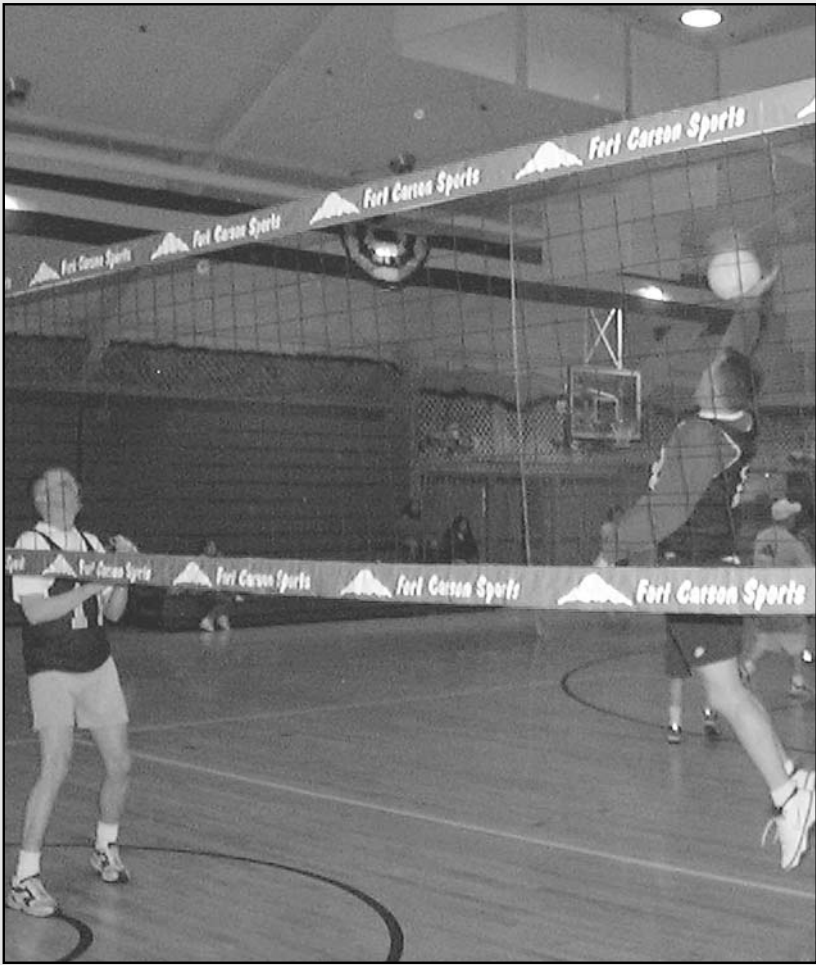


Photo by Walt Johnson

Spike time ...

The post volleyball season is underway at the Post Physical Fitness Center Monday through Thursday at 6 and 7 p.m.

Bench

From Page 16

had the GI bill) is a roadblock, should be encouraged. There are ways to finance an education. And mostly people who feel they aren't "smart" enough to get a degree of any type should be encouraged because I am not the smartest, best looking, or richest person. I was just one of the most determined.

The University of Phoenix motto is "Yes, you can." The next time you think it is beyond your ability to accomplish anything think about this, if the "old guy" can get a master's degree, anything is possible.

The Colorado Springs Sky Sox home season opener is just two weeks away.

The Sky Sox will host the New Orleans Zephyrs at Sky Sox Stadium at 7 p.m. To place phone orders for tickets, call 591-SOXX or (719) 583-1449 from Pueblo.

The nonprofit group KIDPOWER will be holding classes at the post youths center to teach youth how to use their own power to keep themselves safe from abduction, assault, emotional, physical and sexual abuse.

The program will help kids learn how to deal with bullies, how to get help from busy adults and how to keep a safe distance from strangers, among other things.

The program will begin with two classes, May 7 and 14 from 6 to 8 p.m. The classes are being held for youths 10-to-12 years old and it is encouraged

for at least one parent to join the children for the class. The cost for the program is \$20 per family.

Also, the first TEENPOWER class for young ladies will be held June 22 from 1 to 5 p.m. The program is designed to teach girls 13 to 18 the art of self defense. The program is open to the first 16 girls to sign up and pay the \$20 registration fee.

For more information on the program, contact Rawson at 526-2680.

Well I hope your brackets turned out better than mine did. What a mess my brackets are.

The only final four team I thought would be in the position they are now, is the Arizona Wildcats and I had them losing the national title game to the Stanford Cardinals. Now that the final four is set, my choice to win the national title is Arizona.

Call me sentimental but I can't help rooting for Lute Olson to be able to have some happiness in a year where he lost his wife of 43 years to cancer. This is about as wide open a final four as there has been in years. No one is going to Minneapolis as the clear cut favorite and that should make for one heck of a semi-final and final game matchup, no matter who plays the game.

Arizona fans should be real concerned about that pick since I have such a "great" record so far in the tournament. About the only thing I have picked right in the tournament is the fact that someone will win the national title.



Photo by Walt Johnson

Racquetball wizards ...

Chris Crawford, front, and Wendell Reddick get set to face off at the post racquetball tournament March 18-22 at Forrest Fitness Center. Reddick won the A division title.

Carson community makes championship picks



Lt. Gen Edward
Anderson
USSPACECOM
Duke



Brig. Gen. Kevin Campbell
USSPACECOM
Michigan State



Walt Johnson
Mountaineer Sports
Arizona



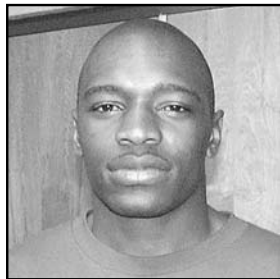
Deandre Abron
WCAP
Duke



Chris Anderson
B Co. 64th FSB
Duke



Richard Bates
HHD 64th FSB
Maryland



Andre Boler
HHT 1/3 ACR
Maryland



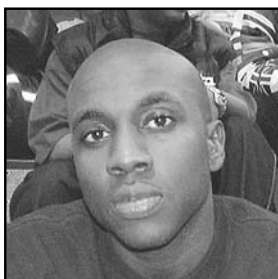
Randy Heath
Med Trp, Spt Sqdn 3 ACR
Maryland



Vonce Isom
HHT 2/3 ACR
Michigan State



Dominic Leach
HHC 1/12
Arizona



James Lee
HSC 52nd Engineers
Maryland



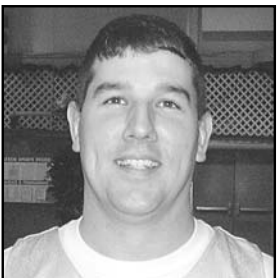
Frankie Moore
USSPACECOM
Duke



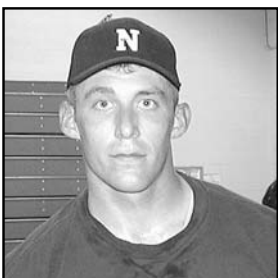
Kevin Newsome
HSC 52nd Engineers
Duke



Don Pitts
HHT 2/3 ACR
Michigan State



Robert Reardon
64 FSB
Duke



Matthew Schroetar
HHT 2/3 ACR
Michigan State



Ramon Selvera
3rd ACR Spt Sqdn
Duke



Vic Turner
USAG
Duke

Mountaineer Sports Spotlight

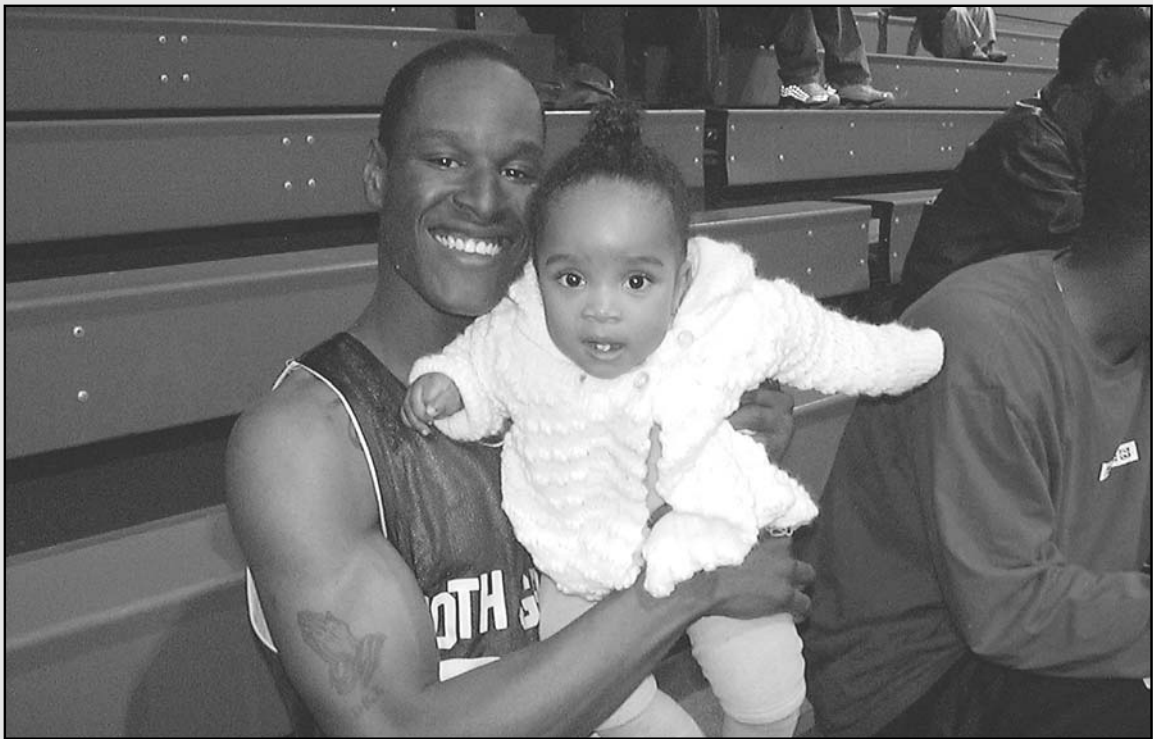
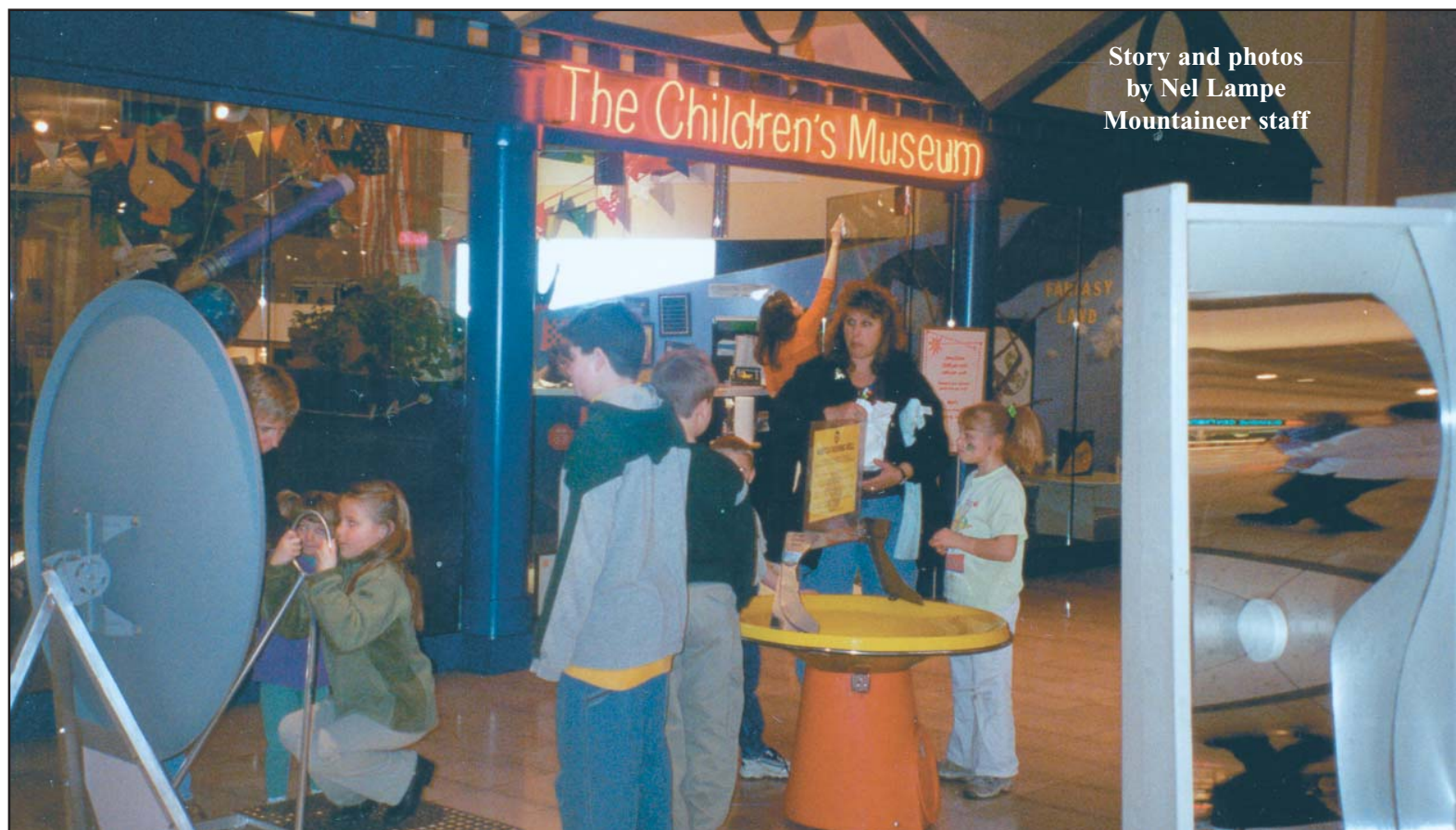


Photo by Walt Johnson

“Go daddy go” ...

10th Special Forces Group forward Steven Siler was happy his team won its game Tuesday night against Headquarters, Headquarters Troop, 2nd Squadron, 3rd Armored Cavalry Regiment. But he was more happy that his 8-month-old daughter Jayla Nicole was there to greet him after the game.

No 'hands off' signs: touch everything



Story and photos
by Nel Lampe
Mountaineer staff

The Children's Museum is on the second floor of the Citadel Mall, near J.C. Penney.

Sometimes it's hard for children to be interested in a museum — after all, it's filled with old things. But the Children's Museum in the Citadel Mall is something different. It's a museum filled with things to jump start the imagination — a treasure trove for children.

Room after room is filled with toys. There's a castle to explore. Try on dress up clothes and pretend to be a stage actor or a television star.

Children can learn about health and fitness by walking through the "heart" exhibit, conducting their own "operation" on the life-size stuffed doll with removable soft sculptured organs. There are talking figures to teach about health, and a wheel chair to take for a ride.



Dino Kelley tries to enclose himself in a gigantic bubble.



The interactive computers are popular with visitors at the Children's Museum.

Children can learn about nutrition from the food group pyramid and the pretend fruits and vegetables. Child-size tables provide a place for an imaginary meal.

One of the most popular rooms is "Recollections," an empty room in which children dance, do jumping jacks, pretend to fly and sway to the accompaniment of music, while an unseen camera projects their images on the wall. The images are in hundreds of colors, with freeze-frame and slow-motion effects, giving the outlines fluttering, butterfly-like movements. Jumping jack shadows look like red or blue snow angels. The recollections exhibit is the only one in the Rocky Mountain area, and is described as an interactive video, which turns body language and movement into patterns and colors. The video screen may show 256 colors at one time, and is programed to repeat its patterns and colors every five minutes.

A space display invites children to occupy the pilot or co-pilot seat on a space vehicle or to insert their hands into spacesuit-type protective arms to conduct an experiment.

A gyroscope chair is a fun way to self-power a spin.

There are nuts and bolts to build with; and an inside-out house to be explored by young "construction workers" in hard hats and carpenter aprons.

And simple, familiar displays also captivate the children: a train track with small train cars waiting for a child to hook together for a journey around the track; crayons and paper; live animals, such as a bunny and an Iguana, await a child's visit.

Another room has interactive computers, puppets and a hollow tree.

Children can easily spend a few hours just touching, exploring, pretending and playing to their heart's content in this giant playroom. Grown-ups can assist, watch and enjoy the children's activities; or just sit back on one of the benches provided for spectators.

Some 50,000 children visit the museum each year, including many local school groups, according to Marsha Williams, director of programs.

In addition to the interactive displays available, the Children's Museum provides special workshops.

Admission for children is \$3 for each child older than 2. Adult admission is \$1. Children under 1 year old

See Children's Museum, Page B-2

Happy Beginnings



A pull-out section for the Fort Carson community

March 30, 2001

Children's Museum

From Page B-1

are admitted free.

A parent must accompany children.

Williams said many people ask about the higher admission price for children and she explained "We feel like the museum is more for the children." But by charging for the adult as well, the adults do have some "ownership" and will also hopefully participate, she said.

People can stay as long as they like, once entering. Williams said Mondays and Tuesdays are the slowest days. Most field trip visits occur Wednesday through Friday. Saturday and Sunday are the busiest days.

The museum was started about 12 years ago, and was a traveling collection of interactive health and science displays created and staffed by volunteers and presented at schools, parks and such locations. In 1989, space was donated by the Citadel Mall, and the Children's Museum found the home it still occupies.

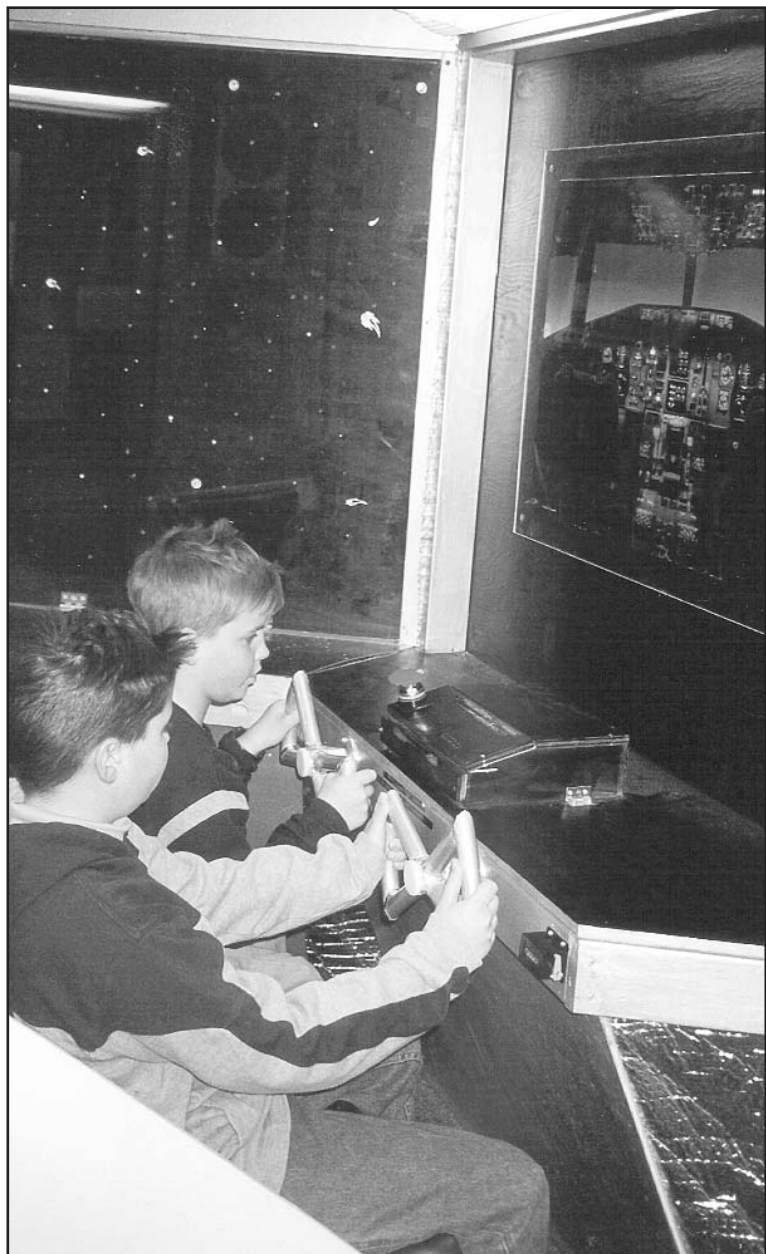
The museum operates through gifts, corporate donations and entrance fees. About 10 people are employed by the museum. Several volunteers assist.

The Children's Museum has sponsored traveling exhibits in the past, such as a dinosaur exhibit and an exhibit of backyard bugs in gigantic scale. Williams said the museum hopes to sponsor shows in the future.

The 4,500 square-foot museum is geared for



Sometimes old fashioned toys are the best.



Two "astronauts" head out on a "space mission" in the Space Display at the Children's Museum.



Children look at X-rays, perform operations and learn about body parts in the Children's Museum health exhibit.

children up to age 10 to 12, depending on the child's maturity. Most of the workshops are designed for ages 7 to 12. There is a fee for the workshops, which last for five hours. Parents are not required to stay during workshops, but children must be preregistered. Workshop fees are \$12 for members and \$15 for non-members of the museum. Call 574-0077 for reservations and more information. See the workshop list for April at the end of this article.

Special free activities are featured almost every day, such as "Tattle Tales" story time, from 10 to 11 a.m. every Tuesday. Creativity Bursts are at 3 p.m. each Monday and Wednesday. Time for Tots is from 10 to 11 a.m., Thursdays, and has a small additional charge. There is a small additional charge for the "Kids-n-the Kitchen", which are Fridays from 4 to 5 p.m.

Family activities are scheduled for Saturdays, usually at 3 p.m., and Sundays at 2 p.m. Call the museum for a list of free activities.

The museum is open from 10 a.m. until 5 p.m. Monday through Saturday. Sunday, the museum opens at noon and closes at 5 p.m.

The Children's Museum is also a good place for parties.

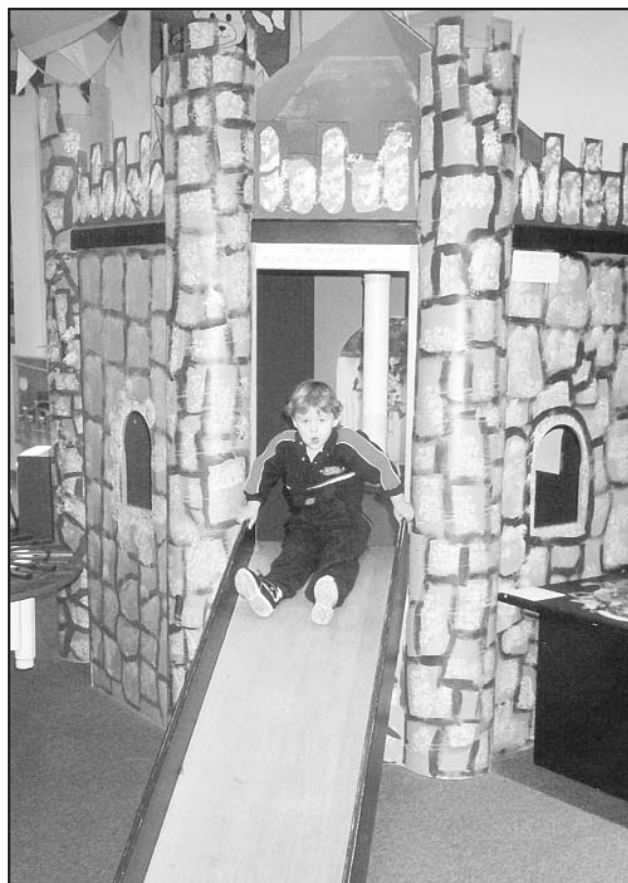
For \$9 per child, for a party of six to 20 children, the museum provides a large pizza, a liter of lemon-lime or orange soda, a party favor for each child, all the paper products necessary, free museum admission and a decorated party room for an hour.

Another choice is an "Under the Ocean Party," in which participants create their own Under the Ocean picture with the assistance of an attendant in an ocean-themed party room, along with pizza, soda, party favor and paperware. The cost is \$12 per child.

For either party, you bring the cake.

Annual family memberships may be purchased at the Children's Museum for \$50; which admits two parents and four children for free, unlimited visits for a year. The membership also entitles holders to discounts for workshops and parties.

To reach the museum, take Academy Boulevard north to the corner of East Platte (Highway 24 east), the Citadel Mall. The museum is on the second floor of the mall, near J.C. Penney— on the east (Academy) side.



Kieran Beach escapes from the castle in the Children's Museum.

Just the Facts

- **Travel time** 20 minutes
 - **For ages** children up to 12
 - **Type** Children's museum
 - **Fun factor** ★★★★★ (Out of 5 stars)
 - **Wallet damage \$ (entry)**
 - \$ = Less than \$20
 - \$\$ = \$21 to \$40
 - \$\$\$ = \$41 to \$80
- (Based on a family of four)

April Workshops

- **Earth Day Workshop** — ages 7 to 12
10 a.m. until 3 p.m. April 2, April 6
- **Now You're Cooking Workshop** — ages 4 to 6
10 a.m. to 3 p.m.
- **3-D Workshop** — ages 7 to 12
April 20, 10 a.m. to 3 p.m.
- **"Zome Tools" Workshop** — Ages 7 to 12
April 24, 10 a.m. to 3 p.m.

Workshops cost \$15 for each non-member participant and \$12 for museum members. Preregistration is required; call 574-0077. Children bring a sack lunch and water bottle; snacks are provided.

Community Events

Family Readiness Center

The Family Member Employment Assistance Program conducts workshops on aspects of employment, such as resume writing and interview techniques. For registration and information, call 526-0452.

The Financial Readiness Debt Management Program is available to help active duty, family members, retirees and Department of Defense civilians with debt problems. For information, call 526-0449.

The Financial Readiness Program presents a class on Check Book Management today through April 9 at 11:30 a.m. This class teaches check writing and checkbook balancing skills. Contact Patricia Randle at 526-4590.

Army Family Team Building is a readiness program that provides dependents and soldiers with an understanding of the Army. It combines the skills and resources needed to become more self-reliant and have a better sense of belonging to the Army family. Some of the topics covered are benefits, entitlements, military terms, customs and courtesies, child care and education. For questions regarding the AFTB classes taught in Spanish or English, call 526-0461.

The Financial Readiness Program presents a Financial Planning for First Term Soldiers class at 9 a.m. to 5 p.m. today at McMahon Theater. This class provides financial readiness education. For information contact Patricia Randle at 526-4590.

Miscellaneous

The Obstetrics and Gynecology Carline from Evans Army Community Hospital will be hosting a one-day women's healthcare seminar entitled "Medical Concepts for the New Millennium: Obstetrics, Gynecology and Pediatrics." The seminar will provide the latest medical information and research on important topics such as diabetes in pregnancy, pathophysiology of labor, menopause and more, all from military and civilian healthcare experts. The Elkhorn Conference Center will host the seminar Thursday from 7:30 a.m. to 4:30 p.m. Registration and a \$15 fee is required. The registration fee covers the cost for lunch and refreshments throughout the day. For information contact: Capt. Gilliam Mosier at 526-7221, Capt. Jeffery Herden at 526-7245 or Chris Renken at 526-7649.

Care and Share Food Bank, located in Colorado Springs, needs volunteers to help in many capacities. Care and Share collects and distributes food to 300 member agencies, which give it to the hungry people of southern Colorado. Last year more than 4 million pounds of food were distributed by Care and Share. For information call the Care and Share volunteer coordinator, Jordan Israel at 528-1247, Monday through Friday, 8:30 a.m. to 5 p.m.

The American Red Cross Orientations are Tuesday, April 10 and 24 in room 2513, Cochrane Hall, second floor, Evans Army Community Hospital. For information, call 526-7144.

The American Red Cross Water Safety Instructor Course — Class 2 from 7:30 to 9:30 p.m. Mondays and Wednesdays, 7 to 11 a.m. Saturdays and Sundays April 11 to April 28. For information, call 526-3107 (indoor pool).

The Southern Colorado Chapter of the American Council of the Blind of Colorado will host the annual state convention in Colorado Springs Thursday to April 8. The convention will be held at the Holiday Inn at Garden of the Gods, 505 Popes Bluff Trail. The workshops will provide valuable resources for families and friends of someone who is blind or visually impaired and needs assistance. Persons interested in attending the convention, or for information contact Rebecca Shields at 634-1851.

Share Colorado of Fort Carson will have sign up and registration on Monday, Tuesday and Wednesday from 11:30 to 1 p.m. at the Family Readiness Center. For just two hours of volunteer

time and \$16 you can get a great food package, usually worth between \$25 to \$35. Come and sign up and we will give you all the information about the program. This is not a welfare program but a program to promote volunteerism in our community. For questions, call ACS at 526-4590.

Volunteers are needed for unloading products for the Household Chemical Waste Collection Program, Penrose Stadium and Equestrian Center, 1045 West Rio Grande St., April 27, 1 to 4 p.m. and April 28, 8:30 a.m. to 4:30 p.m. Lunch is provided Friday at noon, breakfast, lunch, snacks and volunteer gifts provided Saturday. Contact John Fisher or Kathy Claes at 575-8450.

The Fort Carson Ladies' Golf Association will host its season opening coffee Tuesday at 9 a.m. upstairs in the room over the Pro Shop at the Fort Carson club house on Titus Boulevard. For information call Nancy O'Leary at 264-8774 or Ellen Price at 473-4181.

Fort Carson invites the public to learn about environmental restoration projects on post at a quarterly Restoration Advisory Board meetings. RAB meetings offer informative presentations on a variety of ongoing cleanup projects. The next meeting is April 12, 6:30 p.m., at Colorado Springs Police Department, Gold Hills Division, 705 S. Nevada. For information or to join, contact Jim Henderson at 526-8001.

The Enlisted Spouses Charitable Organization will only have quarterly meetings. Meetings will be conducted in April, August and December. The next party will be April 18 at 7 p.m. at the Friendship House. Please bring a wrapped gift from home. No money necessary. Any questions, contact Jane Phipps at 393-0065.

Recall: Burger King Corporation and the Alcone Marketing Group, in cooperation with the U.S. Consumer Product Safety Commission, are voluntarily recalling Rattling, Paddling, Riverboat toddler toys. The recall affects those Burger King restaurants owned and operated by the Army and Air Force Exchange Service. The toy is a plastic boat with a paddle wheel. The recall was initiated over a concern that metal pins with plastic caps that attach the paddle wheel can come out and pose a choking hazard. The U.S. Product Safety Commission has stated there have been no reported injuries connected to this toy. AAFES Burger King customers are being instructed to (not) return the Rattling, Paddling, Riverboat Toddler Toy to Burger King restaurants. Instead, a consumer hotline has been set up to receive calls and to provide instructions on how to return the toy and receive a replacement toy. The contact number is (800) 661-9173.

Directorate of Public Works announces that a water tank is being erected on the hill northwest of Titus and Harr. Construction will be continuing through August. Due to this area being a construction site, please do not enter on foot or vehicle unless official government business is being conducted. For information contact Kandy McBrite at 526-9239.

National Alcohol Screening Day — The Fort Carson Alcohol and Drug Program will have a public information booth at the PX Thursday, 10 a.m. to 3 p.m. All members of the community are invited to stop by for information about substance abuse and programs of assistance. Individuals may conduct a confidential self screening to find out if their drinking poses a risk. For information call Community Counseling Center at 526-2862.

The annual recognition for American Red Cross volunteers will be held April 12 at the Elkhorn Conference Center. Festivities will begin at 11:30 a.m. If you would like to attend, call 526-2311 to RSVP. There is no charge for Red Cross volunteers, the cost for guest is \$10 per person. If you would like to sponsor your Red Cross volunteer, call 526-2311 for information.

Fort Carson's Morale, Welfare and Recreation Department is excited to announce Kinderfest 2001 and the Summer Fun and Travel Show. Kinderfest will take place Saturday, April 14 from 10 a.m. to 2 p.m. in the Post Physical Fitness Center. This program is a traditional springtime celebration, held in conjunction with the Department of the Army's "Month of the Military Child." Children of all ages, not only the young, but the young at heart, are invited to attend. For information call 524-1316.

The Non-Practicing and Part-Time Nurses' Association will present a program entitled "Pilates - Alternative for Better Health" on Wednesday from 7 to 9:15 p.m. at Penrose-St. Francis Learning Center, 1644 Medical Center Point. The speaker will be Della Bossard, B.S., M.B.S. Two continuing education contact hours will be given for attendance. For information call Betty Lou Avinger at

599-7588.

School District 11 Community Education is offering a great program during the spring semester at a variety of locations throughout the city. Classes in computer instruction, foreign languages, floral arranging, dance, yoga, gardening, watercolor, baby sitting, English as a second language and more are being offered. All courses are open to the public and students do not have to be District 11 residents. For information, call 520-2384.

New business start-up workshop April 25, 8 a.m. to noon, at building 1118, Ellis Street and Wetzel, room 109. The fee is \$15. The seminar is designed for entrepreneurs planning to start or operate their own business. It is open to all military personnel, their dependents, DOD civilians or anyone with a valid DOD identification card. To make reservations call Alice Knapp or William Barnson at 526-1002.

Chili Cook-Off. Celebrate the grand opening of the Fort Carson "Family Connection." Tuesday, April 17, at the Family Connection, building 1354. All Fort Carson organizations and units will be eligible to participate, prizes will be given. For information or to fill out an entry form, stop by the Family Readiness Center, building 1526 or call ACS at 526-4590.

The Budweiser/Bud Light Open Karaoke Competition is at these DCA facilities: Decades Niteclub, Thunder Alley and Fatz Pool/Darts. Win cash, prizes and a trip to Jamaica; call 526-9977 for details.

Annual leave donors are needed for Dawn Marcella Ann Orr, an employee of Medical Department Activity. The leave is needed to cover her absence due to the exhaustion of her available paid leave. For more information, call 526-7246.

Annual leave donors are needed for Judith L. Dutt, an employee of the Fort Carson Public Affairs Office. The leave is needed to cover her absence due to the exhaustion of her available paid leave following surgery. For more information, call 526-8399.

Annual leave donors are needed for Linda S. Cellars, an employee of Medical Department Activity. The leave is needed to cover her absence due to the exhaustion of her available paid leave. For more information, call 526-7246.

Annual leave donors are needed for Stacey L. Pipken, an employee of Medical Department Activity. The leave is needed to cover her absence due to the exhaustion of her available paid leave. For more information, call 526-7246.

Annual leave donors are needed for George Bobo, an employee of Department of Environmental Compliance and Management. The leave is needed to cover his absence due to the exhaustion of his available paid leave. For more information, call 526-1684.

Annual leave donors are needed for Dolores Jean Ontiveros, an employee of Medical Department Activity. The leave is needed to cover her absence due to the exhaustion of her available paid leave. For more information, call Ruben Espinoza at 526-7246.

Volunteer Recognition

The installation's annual volunteer recognition picnic and awards ceremony will be Saturday, June 2 from noon to 3 p.m. at Iron Horse Park. Agencies need to submit nomination packets for volunteers who meet the criteria. Nomination packets must be submitted by today to the Installation Volunteer Coordinator, 1500 Wetzel, building 1526. This is to ensure that awards can be processed through the Mountain Post, FORSCOM, and Department of Army in time for presentation at the June event. All volunteer hours for the year 2000 should have been submitted to the IVC yesterday. Please contact the IVC, Gwendolyn Ragle at 526-8303 for assistance.

Youth

Kidpower and Teenpower are coming to Fort Carson Youth Services in May and June. Kidpower/Teenpower is a nonprofit organization that teaches young people how to keep themselves safe from abduction, assault, emotional, physical and sexual abuse. Educators, mental health professionals and law enforcement experts recommend Kidpower/Teenpower. It is a safe, age appropriate, positive and affordable organization. For information call Kathie Rawson at Youth Services 526-2680.

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| ⑤ Pueblo | 420 W. 4th St. | 543-9501 |
| ⑥ Security/Widefield | 5680 S. Hwy 85/87 | 393-1255 |
| ⑦ Denver | 937 E. Colfax St. | (303)863-8668 |

Military Briefs

CG's Newcomers Briefing will be April 13 at the McMahon Theater. It is mandatory for all newly assigned officers and soldiers to attend. Family members are welcome. Free child care is available by calling 524-0151.

Army Emergency Relief Campaign is until May 5. For more information, contact your Unit AER Representative or Becky Rudder at 524-1388.

Transitioning from the Army? Get a meaningful career the next day. Earn while you learn; nationwide positions available. The National Apprenticeship Program, U.S. Department of Labor, is facilitated by State Director Lou Nagel. Informational workshop is Thursday, 12:45 to 2 p.m. in building 1219, ACAP classroom. It is sponsored by Army Career and Alumni Program, 526-1002 or 626-0640. Sign up today at ACAP, building 1118, room 133; there is limited enrollment.

Green to Gold Briefing. Army ROTC conducts a Green to Gold briefing every Tuesday from 11:30 a.m. to 12:30 p.m. in room 124 of the Education Center. If eligible, you may get a bachelor's degree and become a second lieutenant. If you have any questions contact Capt. Cindi Basenspiler at 262-3236. No appointment is necessary to attend the briefings.

Special Forces briefings are held Wednesdays at 1:30 p.m. and Thursdays at 1:30 and 3:30 p.m. at Grant Library. You can apply for SF training as a private first class, but cannot begin training until you are an E-4. For more information, call 524-1461 or 524-1462.

Directorate of Public Works announces the following road will be affected by construction but not closed: Fort (Harr to Mountainside School) until April 13. For more information call Danny Moyer at 526-5115 or 526-9222.

Central Issue Facility hours of operation — Regular business hours: Monday through Friday 7:30 to 10:30 a.m., Monday, Tuesday, Wednesday and Friday 11:30 a.m. to 3 p.m., closed Thursdays at 11 a.m. In Processing/Initial Issue/Partial Issue: Monday to Friday 7:30 to 10:30 a.m. Cash Sales/Statement of Charges: Monday, Tuesday, Wednesday and Friday 11:30 a.m. to 3 p.m. Direct Exchange: Monday through Friday 7:30 to 10:30 a.m. Monday, Tuesday, Wednesday and Friday 1 to 3 p.m. Partial Turn Ins (walk in) Monday, Tuesday, Wednesday and Friday 11:30 a.m. to 3 p.m. Full Turn-Ins by appointment: 524-2006 or 524-2007.

Better Opportunities for Single Soldiers

BOSS Executive Council meets the first Wednesday of each month at 10 a.m. at the BOSS Office, building 1217, room 227. The Post BOSS meeting, for BOSS Representatives, meets the second Thursday of each month at Christopher's from 1 to 3 p.m.

The BOSS Program is putting together three five-man teams for the National Trivia Network Competition for the month of April. We will be competing with several other Army installations. If you are interest in participating, call the BOSS office at 524-2677. For more information on the NTN competition visit www.ft.carson.com.

Legal Notice

With deepest regrets to the family of Staff Sgt. Richard N. Boudreau, 764th Explosive Ordnance Detachment, deceased. Anyone having claims against or indebtedness to the Boudreau estate should contact 2nd Lt. Eric Carlson, 59th Military Police Company, 759th Military Police Battalion at 526-4773.

Attention Korean War Veterans. If you would like to receive the Korean War Service Medal, and you served in the military between June 25, 1950, and July 27, 1953, you may receive this medal at a formal ceremony sponsored by the Dutch Nelson Chapter of the Korean War Veterans Association, and the Korean/American Society of Colorado Springs. For more information, call the Dutch Nelson Chapter's point of contact, Scott L. Defaugh at 444-0399.

The Used Car Sales Lot is in the Mini Mall parking lot. Parking is restricted to motorcycles, cars and pickup trucks with approved Fort Carson permits. Permits are issued at a cost of \$10 for a 30-day period. For more information call 524-1146.

The Army Career and Alumni Program Center now has set times for clearing, Monday through Wednesday, 7:30 to 9 a.m. and 3:30 to 4:30 p.m., Thursday 9 to 10 a.m. and 3:30 to 4:30 p.m., Friday 7:30 to 9 a.m. and 1 to 2:30 p.m. If you have questions, call 526-1002 or 526-0640, or visit the Web site www.carson.army.mil/ACAP/acap.html.

The Sergeant Audie Murphy Club event calendar is as follows:

All meetings are held monthly on the third Wednesday of the month at 11:30 a.m. at the Mountain Post Wellness Center on the second floor conference room in the Family Readiness Center. Induction ceremonies and rehearsals are held at McMahon Theater. All other events are conducted in the main conference room of building 1430. For more information, call 526-2409 or 526-3887.

Reminder to all outprocessing soldiers: All personnel are required to begin outprocessing the installation 10 days prior to the date on the orders, regardless of marital status or unit obligations. The Fort Carson Outprocessing Center is located on the second floor of the Welcome Center, building 1218. For more information, call 526-4454.

ETS/Transition — Soldiers transitioning should keep in mind that ETS/Transition brief is mandatory for personnel transitioning. Soldiers will pick up their orders and make their finance pre-separation appointment at the meeting. Soldiers will not receive ETS orders unless they attend the briefing. For more information call Staff Sgt. Gonda at 526-0475 or 526-8473 or Sgt. 1st Class Frank Heath, NCOIC, Transitions, at 526-4298.

The Fort Carson Waiting Families Program is here for spouses of soldiers on unaccompanied hardship tours and extended deployments. Call Barbara McYoung at 526-4590 for more information.

New Modern Army Recordkeeping System Regulation. The new MARKS Regulation, AR 25-400-2, dated Oct. 1, 2000, with an effective date of Nov. 1, 2000, has been published on the Internet. The previous MARKS Regulation, dated Feb. 26, 1993, is obsolete. Hard copies of the new regulation will not be issued. The new MARKS Regulation is set up into two sections. The first section contains reference to include policies and procedures. To access the first section, type the following address: <http://www.usapa.army.mil>. The

second section is Appendix B which contains the file categories, MARKS file numbers and disposition instructions. To access this section type in www.rmd.belvoir.army.mil.

The Jazz Ambassadors of the United States Army Field Band schedule: April 25 at Lamar; April 26 at Rocky Ford; April 27 at Loveland; April 28 at Greeley (University of Northern Colorado Jazz Festival); April 29 at Denver; May 2 at Steamboat Springs.

The next Armed Forces Disciplinary Control Board meeting is April 13 at 1 p.m. The meeting will be held at the Fort Carson Military Police Station, building. 2700, on Christie Street. All voting board members are requested to be present at the meeting. Notification by telephone will be made prior to the meeting to determine if there are any issues to be brought before the board and to serve as a reminder of date and time of the board. Point of contact is Sgt. 1st Class Troy. Lennen at 526-0091.

Local Officer Candidate School board is May 16 and 17. This board is required for all applicants. The board will be conducted at the Elkhorn Conference Center. All participants must report in Class A uniform May 16 and 17 to appear before the board. All packets must be turned in to the 4th Personnel Services Battalion, Personnel Action Section, Bldg. 1118, room 317, no later than May 8. For information contact Cpl. Nathaly Gaffke at 526-1906.

The Rocky Mountain Chapter, 82nd Airborne Division Association will be holding its April business meeting April 7, at 11 a.m. at VFW Post 101. All members, spouses and individuals desiring to know more about the organization are invited to attend. The chapter is known as "The All Airborne Chapter" because the paratroopers in the organization range from those who served in the airborne during WW II to those currently on active duty and in active reserve units. The chapter participates in parades, dinners, picnics and other camaraderie sharing activities throughout the year and is open to anyone that has ever been in military parachute units. For reservation or information, call Harry King at 392-4791.

All retired personnel who retired from Fort Carson Retirement Office between Oct. 1, 1998, and Sept. 30, 2000, and were not issued an American flag are requested to contact Pete Garcia, G1 Retirement Services Office at 526-0862, Welcome and Farewell Center, building 1218, room 114. American flags will be issued upon presentation of DD Form 214 issued at the time of retirement, showing proof of retirement between these dates and separation at Fort Carson RSO. Retirees are required to sign a roster showing proof of issuance. Retired personnel who retired from other installations must request issuance from the Retirement Services Office at that post.

Recruiter day at ACAP Career Center Wednesday, 8:30 a.m. to noon, building 1118, room 133. Weld County Sheriff's Department is looking for corrections officers. Contact John Cooke at (970)356-4015 ext. 4661.

The Third Armored Cavalry Regiment is hosting a retirement ceremony for the XIV Regimental Command Sergeant Major, Timothy R. Steiner. The ceremony will be held on Wednesday, 10 a.m. at Butts Army Airfield. For information call Captain Formus at 526-4097.

Editor's note: The deadline for submitting "Briefs" to the Mountaineer is 5 p.m. Friday before publication date.

Sports & Leisure

The Armed Services YMCA offers step aerobic classes Tuesdays and Thursdays at the Meadows Park Center from 9:30 to 10:30 a.m. The cost is \$8 for a two-month session. The Deerfield Center offers low impact aerobics Monday, Wednesday and Friday from 9:15 to 10:15 a.m. The cost is \$12 for a two-month session. For more information, call 393-9620, ext. 130.

Fort Carson Youth Sports needs volunteer coaches for several upcoming sports seasons. No experience is necessary, as all leagues are developmental. For more information, or to volunteer, call 526-1233.

Forrest Fitness Center is now offering "Cycle

Reebok" to all ID card holders. Classes are held six days a week, Mondays at 5 p.m., Tuesdays at 3:30 p.m., Wednesdays at 5:40 a.m. and 5 p.m., Thursdays at 3:30 p.m., Fridays at 4 p.m. and Saturdays at 9:30 a.m. Classes are 50 minutes long, and first-timers should arrive 15 minutes early. For more information, call 526-9120.

3rd Annual Garden of the Gods Five's May 5. Take your pick of a five-mile or five-kilometer run through the Garden of the Gods. This is the second leg of the Colorado Springs Grand Prix of Running. Races start at 8 a.m., registration is at 7 a.m. or pre-register at Runners Roost, 107 E. Bijou, or online at CSGrandprix.com. Free parking at MCI/Worldcom (about three miles west of Interstate 25 on Garden of the Gods Road. Shuttle buses to race site are courtesy of Colorado Springs Grand Prix. Prizes three deep in all age categories, winners listed on our Web page. For information call 635-8803.

This year's 18th annual Federal Cup five-kilometer (three, 1 mile) race for runners and racewalkers

is set for 8:15 a.m., May 19 at the Denver Federal Center in Lakewood. Reggie Rivers, former Denver Bronco and local radio and TV personality, will serve as official race starter and master of ceremonies.

The race also features a one kilometer (.6 mile) Fun Run for children, refreshments, medals and trophies for individuals and team winners and a prize drawing for all five-kilometer participants. Commemorative T-shirts will be available for \$7 on a first-come, first-served basis. Team categories include men, women, co-ed, masters and seniors. The pre-registration entry fee is \$5 (\$10 race day).

More specific Federal Cup information, including race entry forms and past race results, are available at the Federal Cup Home Page on the Web at: <http://fed-cup.homestead.com>.

The Federal Cup is a unique opportunity for federal employees and their families to participate in competitive events and socialize outdoors. No Federal contract employees may enter.

Get Out!

Youth theater

"Jack and the Beanstalk" is Monday through April 7, and again June 12 through 16, at the Fine Arts Center theater, 30 W. Dale St.; call 634-5593.

Denver concerts

"David Clayton-Thomas" with "Blood, Sweat & Tears" are on stage May 12, at 7:30 p.m. at Magness Theater at the University of Denver. Tickets are available at TicketMaster, 520-9090.

Billy Joel and Elton John are in the Pepsi Center in Denver April 9, at 7:30 p.m. Call TicketMaster at 520-9090 for tickets.

U2's **Elevation Tour 2001** is at the Pepsi Center in Denver, April 6. Call (303) 830-TIXS.

"AC/DC" is at the Pepsi Center in Denver April 11; call (303) 830-TIXS or log on to the Web site at www.pepsicenter.com.

"The Irish Tenors" are in Denver University's Magness Center June 13; tickets start at \$48 through TicketMaster, 520-9090.

The "Black Crowes" hook up with "Oasis" at Fiddler's Green Amphitheatre May 17. Tickets start at \$27 through TicketMaster, 520-9090.

Buffalo Bill exhibit

The Colorado History Museum in Denver has a special exhibit on **Buffalo Bill**, which runs through May 28. The extensive exhibit includes many personal possessions and artifacts used by Buffalo Bill and cast members in this Wild West show. "Buffalo Bill's Wild West" is included in the museum's admission, which is \$5 for adults and \$3.50 for children. The museum is at 1300 Broadway in Denver. Parking is streetside or in fee-based parking lots nearby.

Open cockpit day

The Pueblo Weisbrod Aircraft Museum has "open cockpit day" Saturday from 10 a.m. until 2 p.m. to allow visitors to sit in the cockpit of a C-119 aircraft. Known as a "Flying Boxcar," the gunship was used to transport and drop paratroopers during the Korean and Vietnam wars. The museum is located at the Pueblo Memorial Airport, a few miles east of Pueblo on Highway 50.

Theater

"Rosencrantz and Guildenstern are Dead," by the Star Bar Players, runs today through April 8, at

Lon Chaney Theater in the City Auditorium at 221 E. Kiowa. Shows are Fridays and Saturdays at 8 p.m., and Sundays at 2 p.m. Tickets start at \$10; call 573-7411 for reservations.

Denver museum exhibit

The Denver Museum of Nature and Science has opened its new exhibit "**Vikings: The North Atlantic Saga**," which runs through May 28. The exhibit tells the story of the Vikings and their discovery of North America 1,000 years ago. Admission is \$9.50, for children and \$12 for adults, which includes admission to the museum.

New IMAX movie

The Cinemark IMAX Theater on Colorado Springs' east side opens a new IMAX film, "**Mysteries of Egypt**" today. The National Geographic film stars Omar Sharif and unlocks some of Egypt's mysteries, such as the pyramids and the location of King Tut's tomb. The theater complex is at the corner of Constitution and Academy.



King Tut's death mask.

Denver theater

"Barney's Musical Castle" is in Denver's Magness Showcase Theatre April 20 through April 22; tickets start at \$14.50. Call TicketMaster at 520-9090 or log on www.ticketmaster.com.

Heron Homecoming

The annual **Heron Homecoming** at Fountain Creek Nature Center is set for April 7, from 9 a.m. until 3 p.m. The herons return to their nesting sites in the cottonwoods along Fountain Creek every year. Naturalist Dan Kerr presents a slide show at 9 a.m., 10 a.m., 11 a.m. 1 p.m. and 2 p.m. Park naturalists will lead visitors on hikes to see the heron rookery. Reservations are required for slide shows; call 520-6745. The Fountain Creek Nature Center is just off Highway 85/87 at Highway 16 near Gate 20.

New exhibitions

Three new **art exhibitions** open at the Colorado Springs Fine Arts Center today, from 4 to 7 p.m. The opening is free. The exhibits are "Collecting Contemporary Art: One Point of View," "Awesome Art Auction, Bid, Boogie and Buy" and "A.G. Edwards Collection of Photography."

Easter Sunrise service

The Royal Gorge Bridge hosts its annual **Easter Sunrise service** April 15. Gates to the park open at 6

a.m. and there is no admission charge. This year's interdenominational service features the sounds of bagpipes by Pipe Major Sam Swancutt. The service will be officiated by Pastor Don Farr, and begins at 6:30 p.m. Guests are asked to bring non-perishable food donations. The service will be in the upper parking lot on the south rim of Royal Gorge. Complimentary coffee, hot chocolate and pastries will be provided. Royal Gorge Bridge is located about 12 miles west of Canon City, south of U.S. Highway 50. Take Highway 115 south to Penrose, then U.S. 50 west.

Family Day

Family Day at the Colorado Springs Fine Arts Center is April 21, from 10 a.m. to 2 p.m. Activities for the day include working with clay and ceramic demonstrations. A musical performance by the Da Vinci Quartet is also on the program. Entrance is free; the center is at 30 W. Dale St.

Classic films

"Mr. Smith goes to Washington," the 1939 classic film, starring James Stewart is in the Fine Arts Center theater Tuesday at 7:30 p.m. Tickets are \$3 at the door; no reservations are required.

Silent Films are in the theater April 10; When "The Bully of Bingo Gulch" is shown, along with "The Kids Nap," which was shot entirely in Colorado Springs in 1914. Only a few silent films are around, and the opportunity to see one is rare. The admission is \$3 at the door, at the Fine Arts Center theater, 30 W. Dale St.

Travel film

"The Last Great Road Trip, Alaskan RV Adventure," is April 8 and 9 at 2 p.m. at the Fine Arts Center theater, 30 W. Dale St. John Holod travels the great Alaskan Highway from Dawson Creek to Delta Junction, and on the Richardson Highway through Fairbanks to Prudhoe Bay. The film is narrated by Holod and tickets are \$6.

Grease

The Repertory Theatre Company of the Colorado Springs Fine Arts Center opens its production of "Grease" May 4, running through May 20. Performances are on Fridays and Saturdays at 8 p.m. and Sundays at 2 p.m. Call the box office for tickets, 634-5583.

Unchained maladies

The Rev. Billy C. Wirtz performs "unchained maladies" at the Fine Arts Center Theater today and Saturday at 8 p.m. Tickets are \$17 at the door. Wirtz plays piano and performs on-stage antics which have been called "wacky." For ticket information, call 634-5583.

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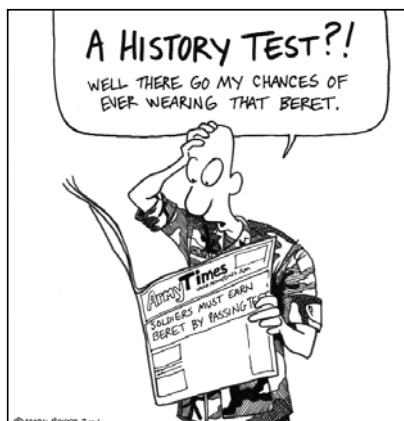
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**Program Schedule for Fort Carson cable
Channel 10, today to April 6.**

Mountain Post Magazine: Stories on and about Fort Carson soldiers, civilians and family members. Following MPM, a short videotape from the Installation Chaplain's Office will air in preparation for the National Day of Prayer. The program airs at 7 a.m., 10 a.m., noon, 3 p.m., 7 p.m. and midnight.

Army Newswatch: includes stories on Army World Class Biathletes, Desert Storm veterans and the oldest Army veterans dies. The program airs at 7:30 a.m., 12:30 p.m., 7:30 p.m. and 12:30 a.m.

Air Force News: includes stories on Ecstasy use in the Air Force, casualty care consolidation and a handicapped violinist. The program airs at 8 a.m., 1 p.m., 8 p.m. and 1 a.m.

Navy/Marine Corps News: includes stories on the "Accelerate Your Life" recruiting campaign, a tribute to women in the Navy and Marine Corps and

the new Detailer Communication Initiative and airs at 8:30 a.m., 1:30 p.m., 8:30 p.m. and 1:30 a.m.

Channel 9 daily broadcasts SCOLA, foreign language news broadcasts. Access the schedule at the Fort Carson Web site.

If you have comments on Channel 10 programming or wish to coordinate a broadcast on Channel 10, please contact Douglas Rule at 526-1241 or via e-mail at:

Douglas.Rule@carson.army.mil

Program times will be published in the *Mountaineer* provided coordination is made one week prior to publication.

If you have story ideas for Mountain Post Magazine, contact Richard Bridges or 1st Lt. Nadia Calderolli at 526-1265, 526-1253 or 526-2941, or e-mail Richard.Bridges@carson.army.mil or Nadia.Calderolli@carson.army.mil.

If you wish to have a training videotape shown on Channel 9 only, contact the Regional Training Support Center at 526-5111.

For additions to the Community Calendar, please submit a clean, typewritten copy of the information to the Public Affairs Office, room 2180, building 1550, Fort Carson, CO 80913 or fax it to 526-1021 no later than the Friday before airing time.


Mountain Post Magazine is shown on Adelphia cable channel 13 or WANT-TV 103 on Monday at 2:15 p.m., Thursday at 4:15 p.m. and Saturday at 10:15 a.m.

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| APR 6 | 2:00pm BASEBALL AF vs. SDSU |
| | 2:00pm MEN'S TENNIS AF vs. SDSU |
| APR 7 | 12:00pm BASEBALL AF vs. SDSU Little League Day |
| | 2:00pm MEN'S TENNIS AF vs. UNLV |
| APR 8 | 10:00am MEN'S TENNIS AF vs. New Mexico |
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